

# ADAUGO FRIMPONG, LCPC, LPC

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## PROFESSIONAL SUMMARY

Seasoned counselor educator and licensed clinical professional counselor with 15+ years of experience in graduate teaching, clinical supervision, and community-based mental health practice. Demonstrated success in developing and teaching CACREP-aligned curricula, mentoring diverse counseling students, and leading school- and community-based mental health initiatives. Committed to culturally responsive pedagogy, social justice, and advancing mental health equity in K–12 and community settings.

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## EDUCATION

### **MA Clinical Psychology, Counseling Specialization**

The Chicago School of Professional Psychology

August 2005 – August 2007

### **BA Psychology & Sociology – Dual Major**

Georgetown University

August 1999 – May 2003

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## LICESURE & CERTIFICATIONS

- Licensed Clinical Professional Counselor, Maryland
  - Licensed Professional Counselor, District of Columbia
  - Licensed Professional Counselor, Georgia
  - Approved Clinical Supervisor (ACS), Maryland
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## ACADEMIC APPOINTMENTS

### **Adjunct Professor, School of Education**

Johns Hopkins University, January 2017 – *Present*

- Teach graduate-level courses in Clinical Mental Health Counseling, including Diagnosis in Counseling & Psychopathology; Introduction to Mental Health Counseling; Clinical Interview and Techniques; Ethics & Professional Practice; Couples and Family Therapy and Techniques; Multicultural Counseling; Practicum and Internship I & II.
- Advise and mentor graduate counseling students, with a focus on professional identity development and multicultural competence.
- Contributed to the CACREP accreditation process and program evaluation
- Supported revision of curricula to align with state licensure and accreditation standards.
- Participate in site visits for the Counseling Internship Program.

## **Teacher Assistant**

The Chicago School of Professional Psychology, August 2009 - May 2010

- Led classroom discussions on multiculturalism and diversity in counseling.
  - Provided feedback on student assignments and projects.
  - Guided students in projects focused on diversity, multiculturalism, and therapeutic strategies.
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## **RESEARCH & CLINICAL INTEREST**

- Multicultural counseling and social justice in mental health
  - Supervision process and counselor development
  - Mental health disparities in underserved communities
  - Trauma-informed practices and interventions
  - School mental health and community-based interventions
  - Infant and early childhood mental health
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## **SELECTED RESEARCH & PROGRAM DEVELOPMENT EXPERIENCES**

### **Program Development Manager, The Father/Male Caregiver Literacy Project**

Office of Early Childhood Education, March 2022 – *Present*

- Lead design and implementation of the Father and Male Caregiver literacy initiative
- Recruit fathers and male caregivers to participate in classroom readings and Book Club activities.
- Solicit donations of books by male authors, with a focus on African American authors.

### **Community Outreach Lead Coordinator, The Homeless Initiative Project**

Office of Early Childhood Education – Family Services, January 2014 – January 2018

- Established local partnerships to build enrollment pipelines for DCPS Early Childhood Programs.
- Managed program objectives and communicated outcomes to leadership and community partners.
- Collaborated on mental health and comprehensive services for homeless families.

### **Co-Author Tools of the Mind & PreK Parents and Partners Manual Curriculum**

Office of Early Childhood Education, September 2011 – October 2011

- Collaborated with the instructional team to develop a Head Start parent engagement curriculum.
- Developed classroom observational tools for staff and teachers.
- Conducted literature reviews on executive functioning within a Vygotskian early childhood framework.
- Delivered professional development training on curriculum implementation.

### **Research Assistant, *Project LOVE: Preventing Adolescent Dating Violence among Rural African Americans***

Dr. Dionne Coker-Appiah, Georgetown Center for Trauma and the Community July 2010 – December 2010

- Conducted literature reviews on evidence-based teen dating violence prevention interventions.
- Organized and analyzed qualitative data from interviews with adolescent participants.
- Reviewed intervention modules and communicated with schools and community agencies to support recruitment.

## **Research Assistant, The Capella Project**

Juvenile Protective Association (PI: Dr. Richard Thompson), June 2008 – July 2009

- Administered assessments related to discipline tactics, abuse screening, maternal depression, domestic violence, social support, and child functioning.
  - Interviewed participants regarding the impact of child abuse and neglect using standardized measures (e.g., WRAT-3, VABS, Achenbach)
  - Contributed to research featured in *Psychiatric Services*, 61(1).
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## **CONFERENCE PRESENTATION & SCHOLARSHIPS**

Frimpong, A. Neal, M. Shiak, A. (September 2011). ***Introduction to Tools of the Mind, Preschool & Prekindergarten Curriculum and School Behavioral Modification***. Paper presented at the annual professional development conference of the DCPS Head Start Program, Washington, DC.

Frimpong, A. & Storig, M. (April 2010). ***Project Burnout: Stress & Management-Fire Fighter Training***. Paper presented for the Los Angeles Firefighter Station 10, Los Angeles, CA

Frimpong, A. (October 2009). ***Working With Families: Community-Based Intervention and Behavioral Modification***. Research presented at the annual Community Connections: Children and Adolescent Program Conference, Washington, DC.

Frimpong, A. (June 2007). ***Scholarship Keynote Speaker***. Invited speaker at the Xerox Black Women Leadership Conference, Washington, DC

Frimpong, A. (May 2007). ***Case Formulation: Systemic Theory***. Paper presented for professional development. Juvenile Protective Association Conference, Chicago, IL

Frimpong, A (April 2007). ***Cultural Competency Exam (CCE) Oral Defense***. The Chicago School of Professional Psychology, Chicago, IL

Brown, A. & Frimpong, A (November 2006). ***Girls and Boys Town Life Skills, Behavioral Management, & the Cycle of Violence***. Paper presented at the Annual Catholic School Conference, Chicago, IL

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## **TEACHING PHILOSOPHY**

I am dedicated to creating inclusive, student-focused learning environments that promote critical thinking, clinical skills, and multicultural awareness. I use experiential learning, case studies, and reflection to prepare mental health counselors who are ethical and culturally competent.

A core part of my identity as a counselor educator, clinician, and scholar is a commitment to diversity, equity, inclusion, and social justice. As an educator, I intentionally design learning spaces that affirm students' intersecting identities, experiences, and cultural assets. I incorporate culturally responsive teaching, anti-racism strategies, and critical consciousness into all my courses, helping students develop both clinical skills and cultural humility.

My research centers on mental health equity, culturally grounded interventions, and counselor identity development among students of color. I actively participate in community-based scholarship by collaborating with local agencies, schools, and organizations to address disparities in mental health access.

In clinical practice and supervision, I emphasize culturally responsive supervision techniques, advocate for ethical care for diverse groups, and train students to understand how structural racism, trauma, and socioeconomic disparities impact client well-being.

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## CLINICAL EXPERIENCE

### **Program Manager, Family Services**

June 2020 – *Present*

Office of Early Childhood Education, District of Columbia Public Schools (DCPS)

- Served on the organization's Extended Leadership Team and collaborated closely with other senior team members to establish organizational priorities that advance the mission and vision of DC Public Schools' Capital Commitment Strategic Plan.
- Facilitated and oversaw the district-wide design, coordination, integration, and implementation of comprehensive services for children and families.
- Offered coaching, assistance, supervision, and professional growth to promote high productivity, morale, and team competency.
- Collaborated with diverse teams from various divisions, elementary schools, and educational campuses to develop effective training materials and resources for teachers, staff, and families.
- Carried out and completed utilization reviews to assess data outcomes for quarterly and annual goals.
- Followed ethical guidelines, standards, and policies to improve attendance and access to community resources, mental health services, and adult learning opportunities that promote family unity and early childhood education.
- Worked with operations to develop and brand materials and informative resources on attendance, special education, enrollment, mental health, and other topics related to school achievement and academic success.

### **Licensed Clinical Professional Counselor**

Bodipa Counseling, Private Practice

July 2019 – *Present*

- Provided individual, family, and group counseling services to diverse populations
- Specialized in trauma, anxiety, depression, and multicultural issues
- Conducted risk assessments and crisis intervention
- Supervised provisionally licensed counselors
- Serve as contract mental health counselor for Maryland National Parks and Recreation

### **Citizen Advisor Board Member**

Regional Institute for Children and Adolescents (RICA)

July 2019 – *Present*

- Appointed by the Governor of Maryland.
- Provide clinical input, guidance, and community perspective to the administration of RICA-Rockville
- Offer advice on policies, projects, and services to ensure the facility meets community needs.

### **Site Director**

Office of Early Childhood Counseling Internship Program

March 2016 – July 2020

- Established an internship partnership with Johns Hopkins MS Counseling Program.
- Managed oversight of program objectives and developed materials for training and onboarding of interns

### **Program Manager, Head Start**

May 2011 – July 2020

Office of Early Childhood Education, District of Columbia Public Schools (DCPS)

- Used the Head Start Parent, Family, and Community Engagement Framework (PFCE) to set objectives for the Head Start program in D.C. public schools.
- Consulted for the State Early Childhood Development Council on family engagement.
- Collaborated with government, local, and community groups to identify and enroll eligible families in Head Start.
- Assisted school leaders in developing strategies to apply Head Start standards.
- Collaborated with the health coordinator to create resources supporting families' mental, oral, and overall health.

### **Child/Adolescent Therapist and Community-Based Intervention Worker**

November 2007 – August 2009

Children and Adolescent Program, Community Connections

- Provided psychotherapy, crisis intervention, and therapeutic support to children ages 5 to 19 experiencing moderate to severe mental health and developmental challenges.
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## **PROFESSIONAL AFFILIATIONS**

- American Counseling Association
  - Maryland Counseling Association
  - Association for Counselor Education and Supervision
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## **HONORS & AWARDS**

- **Humanitarian Award**, Trinity International University of Ambassadors, 2019
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## **TECHNICAL & CLINICAL COMPETENCIES**

- **Research:** Quantitative, qualitative, and mixed methods; program evaluation; instrument development (SPSS, NVivo, etc.)
- **Clinical:** DSM-5-TR diagnosis; individual and group counseling; crisis intervention; supervision; assessment; treatment planning; community mental health
- **Teaching:** Curriculum design; online and hybrid course development; supervision of pedagogical practices
- **Administrative:** Program development; project management; accreditation.

*Referenced available upon request*