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EDUCATION

Ph.D. Counselor Education and Supervision, Old Dominion University <i>(CACREP Accredited)</i> Dissertation Title: <i>Attitudes of Counselors Regarding Ethical Situations Encountered by In-Home Counselors</i>	May 2011
M.A. Counseling, Regent University <i>(CACREP Accredited)</i>	May 2008
Graduate Certificate in Public Management, Northern Illinois University	May 2014
B.A. Psychology, Michigan State University	May 2003
B.A. Finance, Michigan State University	May 2004

LICENSES AND CREDENTIALS

Licensed Clinical Professional Counselor (LCPC) State of Maryland # LC9689	July 2019 to Present
Licensed Clinical Professional Counselor (LCPC) State of Illinois # 180007934	August 2011 to March 2025
Approved Licensed Clinical Professional Counselor Supervisor State of Maryland # 2082	June 2020 to Present
National Certified Counselor (NCC) National Board for Certified Counselors # 246582	November 2008 to Present
Approved Clinical Supervisor (ACS) Center for Credentialing and Education # ACS01129	July 2011 to Present
Certified Clinical Mental Health Counselor (CCMHC) National Board for Certified Counselors # 246582	February 2012 to Present

AWARDS AND HONORS

American Counseling Association (ACA) <i>Robert H. Rencken Emerging Professional Leader Award</i>	April 2022
American Mental Health Counselors Association (AMHCA) <i>Fellow in Clinical Mental Health Counseling Education and Research</i>	June 2021
Chi Sigma Iota International Honors Society, Omega Delta Chapter <i>Outstanding Practitioner Supervisor Award</i>	May 2010
Peggy Woofter Hull Scholarship, Old Dominion University <i>Scholarship Recipient</i>	May 2010
Monterey County Board of Education <i>Resolution of Commendation of Honor, Resolution # 06-07-03</i>	August 2006

 PROFESSIONAL ACADEMIC AND ADMINISTRATIVE EXPERIENCE
Johns Hopkins University School of Education, Baltimore, MD**July 2019 to Present***Assistant Clinical Professor (July 2019 to Present)**Department of Counseling & Educational Studies*

- Teach courses in the Counseling Programs.
- Engage in curriculum development and revision, aligning with accreditation standards.
- Maintain an advising load of counseling students.
- Participate in admission file reviews and interview days.
- Participate in program evaluation and student assessment, remediation, and retention efforts.

*Clinical Director (July 2019 to February 2023)**Department of Counseling & Educational Studies*

- Provide oversight and coordination of field experience requirements in the Counseling Programs.
- Establish policies and procedures pertaining to student and site eligibility, expectations, and decision-making processes.
- Develop and maintain documentation, including site agreements, fieldwork application, and training manuals.
- Coordinate orientation and training for site and faculty supervisors.
- Monitor student eligibility and advancement for practicum and internship.
- Working with the Field Experience Coordinator, identify and approve new sites, establish, and maintain relationships with site supervisors, and facilitate orientations.
- Manage the flow of information regarding students' progress, as well as problems, to program lead, faculty, and/or practicum/internship sites.

*CACREP Liaison (March 2020 to February 2023)**Department of Counseling & Educational Studies*

- Serve as the point of contact between the Counseling Program and the Council for Accreditation of Counseling & Related Educational Programs (CACREP).
- Work closely with Program Faculty Lead to ensure accreditation compliance.
- Facilitate faculty workgroups to ensure compliance on key operations, including curriculum, program evaluation, student assessment, and field experiences.
- Co-draft accreditation reports and ensure its timely submission to CACREP.
- Assist in the preparation and coordination of accreditation site visits, lead informational meetings, and prepare supportive documents.
- Correspond with the CACREP Site Team Chair to coordinate the on-site agenda and maintain communication with the Site Team throughout the site visit.

Adler University, Chicago, IL**August 2014 to June 2019***Associate Professor, Clinical Mental Health Counseling (February 2016 to June 2019)**Assistant Professor, Clinical Mental Health Counseling (August 2014 to February 2016)*

- Teach courses in the Clinical Mental Health Counseling Program and Doctoral Program in Counselor Education and Supervision.
- Engage in curriculum development and revision, aligning with accreditation standards.
- Maintain an advising load of counseling students.
- Participate in admission file reviews and interview days.
- Participate in program evaluation and student assessment, remediation, and retention efforts.

Program Director, Clinical Mental Health Counseling Program (April 2015 to June 2019)

- Provide leadership and administrative oversight of the Adler CMHC Program.
- Coordinate program development, review, and evaluation efforts.
- Ensure program quality and consistency with standards set by the accreditation bodies.
- Supervise both core and adjunct faculty and review their teaching evaluations.
- Schedule classes and managing teaching assignments.
- Manage the budget including assessment of faculty teaching load and overage and performing recommendation to the annual budget in consultation with the chair.
- Collaborate with university administrative units for student recruitment and admissions efforts, assessment data, as well as student support and services.

Northern Illinois University, DeKalb, IL**July 2011 to July 2014*****Clinical Director, Graduate Counseling Program (July 2011 to July 2014)***

- Provide leadership and administrative oversight of the Community Counseling Training Center (CCTC) at NIU, a training facility for masters and doctoral students in the Graduate Counseling Program at Northern Illinois University.
- Coordinate all external field placements for master's and doctoral students.
- Coordinate the admissions process for master's and doctoral students, including facilitation of new student orientations, pre-admissions workshops, information meetings, attendance at graduate school fairs, and other recruitment initiatives.
- Teach courses for master's and doctoral students.

ODU/NCSB-Olney Road Counseling Center, Norfolk, VA**January 2009 to May 2011*****Director (January 2010 to May 2011)***

- Provide administrative oversight of a counseling training facility for master's and doctoral students in the Graduate Counseling Program at Old Dominion University.
- Develop standardized policies and procedures to support student training and client care coordination with internal and external referral sources.

Associate Director (January 2009 to December 2009)

- Assist in the coordination and management of a counseling training facility for master's and doctoral students in the Graduate Counseling Program at Old Dominion University.

Panetta Institute for Public Policy, Monterey, CA**September 2005 to September 2006*****Americorps*VISTA Member (September 2005 to September 2006)***

- Coordinated a literacy program for underserved elementary students in 32 schools in Monterey County.
- Assisted with the training, placement, and monitoring of volunteers from local partnering institutions and organizations.

GRADUATE TEACHING EXPERIENCE**Johns Hopkins University School of Education****2019 to Present**

ED.860.639: Cognitive Behavioral Therapy

ED.863.870: Practicum in Clinical Mental Health Counseling

ED.863.875: Internship in Clinical Mental Health Counseling I

ED.863.876: Internship in Clinical Mental Health Counseling II

ED.861.502: Counseling Theory and Practice

ED.861.507: Counseling Techniques

Adler University**2014 to 2019**

DCES 704: Advanced Multicultural Counseling, Advocacy and Leadership
 CMHC 531: Foundations of Clinical Mental Health Counseling
 CMHC 693: Practicum Seminar
 CMHC 694: Internship Seminar
 CMHC 698: Internship Seminar II
 CMHC 511: Professional Identity Seminar
 CMHC 512: Professional Identity Seminar II
 CMHC 617: Treatment Planning and Intervention
 COUN 535: Diagnosis of Maladaptive Behavior
 COUN 630: Addiction Counseling (Online/Blended Format)
 COUN 534: Counseling Skills
 COUN 534: Counseling Skills (Online/Blended Format)
 COUN 550: Thesis Preparation
 COUN 533: Counseling Theories

Northern Illinois University**2011 to 2014**

CAHC 593: Crisis Intervention
 CAHC 750: Doctoral Practicum in Counseling
 CAHC 550: Master's Practicum in Counseling
 CAHC 586: Master's Internship in Counseling

UNDERGRADUATE TEACHING EXPERIENCE**Old Dominion University**

HMSV 491: Family Guidance

Spring 2009

GUEST LECTURES**Northern Illinois University****2011**

CAHC 532: Evidence Informed Practices in Clinical Mental Health
 CAHC 752: Supervision in Counseling
 UNIV 101: University Experience

Old Dominion University**2010 to 2011**

COUN 680: Mental Health Counseling
 COUN 535: Addictive Behaviors

SUPERVISION EXPERIENCE**Johns Hopkins University School of Education****2019 to Present**

ED.863.870: Practicum in Clinical Mental Health Counseling
 ED.863.875: Internship in Clinical Mental Health Counseling I
 ED.863.876: Internship in Clinical Mental Health Counseling II

Adler University**2014 to 2019**

DCES: Doctoral Teaching Internship
 DCES: Doctoral Supervision Internship
 CMHC 693: Clinical Mental Health Counseling Practicum

Northern Illinois University**2011 to 2013**

CAHC 786C: Doctoral Research and Scholarship Internship
 CAHC 786B: Doctoral Supervision Internship
 CAHC 550: Master's Practicum in Counseling

Walden University COUN 8895 Doctoral Internship in Counseling COUN 8890 Doctoral Practicum in Counseling	2012 to 2013
Old Dominion University COUN 669: Practicum in Counseling COUN 667: Internship in Counseling	2009 to 2010

PROFESSIONAL CLINICAL EXPERIENCE

Professional Counselor and Supervisor <i>Independent Practitioner</i> <i>Telehealth</i>	July 2024 to Present
<ul style="list-style-type: none"> Provides weekly clinical supervision for Licensed Graduate Professional Counselors (LGPC), reviewing clinical documentation and recorded therapy sessions via telehealth platform. 	
Professional Counselor <i>BetterHelp</i> <i>Telehealth</i>	September 2023 to May 2024
<ul style="list-style-type: none"> Provided individual counseling, intake assessment, diagnosis, treatment planning, and evaluation to clients via telehealth platform. 	
Professional Counselor <i>Private Practice</i> <i>17 North Dearborn Street, Chicago, IL</i>	September 2016 to June 2019
<ul style="list-style-type: none"> Provided individual counseling, intake assessment, diagnosis, treatment planning, and evaluation to clients. 	
Professional Counselor <i>Community Counseling Training Center</i> <i>Northern Illinois University, DeKalb, IL</i>	January 2012 to July 2014
<ul style="list-style-type: none"> Provided individual counseling, intake assessment, diagnosis, treatment planning, and evaluation to clients. 	
Outpatient Counselor <i>Norfolk Community Services Board (CSB), Norfolk, VA</i>	January 2009 to May 2011
<ul style="list-style-type: none"> Provided individual counseling, intake assessment and diagnosis, treatment planning, and evaluation to lower income clients. Provided crisis intervention and suicide screening to walk-in residents. 	
Intake Clinician <i>Norfolk Community Services Board (CSB), Norfolk, VA</i>	January 2009 to May 2010
<ul style="list-style-type: none"> Conducted intake assessments, including biopsychosocial history, mental status examination, substance abuse assessment, and diagnosis. Provided triage and referral to appropriate service providers. 	
Clinical Intern <i>Sentara Employee Assistance Program, Virginia Beach, VA</i>	September 2007 to May 2008
<ul style="list-style-type: none"> Provided brief, solution-focused counseling to diverse individuals, couples, and families. 	

 PROFESSIONAL LEADERSHIP EXPERIENCE

Co-Chair	July 2025 to Present
<i>Committee Member (July 2025 to Present)</i>	
<i>Supervision Committee</i>	
<i>Association for Counselor Education and Supervision (ACES)</i>	
Executive Committee Member	March 2023 to Present
<i>International Interdisciplinary Conference on Clinical Supervision (IICCS)</i>	
Peer Evaluator	December 2021 to Present
<i>Middle States Commission on Higher Education (MSCHE)</i>	
Committee Member	July 2019 to January 2023
<i>CACREP 2024 Standards Revision Committee</i>	
<i>Council for Accreditation of Counseling & Related Educational Programs (CACREP)</i>	
President	July 2017 to June 2019
<i>President-Elect (July 2015 to June 2017)</i>	
<i>Illinois Counselor Educators and Supervisors (ICES)</i>	
<i>Division of the Illinois Counseling Association (ICA)</i>	
Vice Chair	September 2017 to June 2018
<i>Task Force Member (September 2016 to September 2017)</i>	
<i>CACREP-ACES Task Force on Competency-based Education</i>	
<i>Association for Counselor Education and Supervision (ACES)</i>	
CACREP Site Team Chair	September 2018 to Present
<i>Site Team Member (March 2013 to Present)</i>	
<i>Council for Accreditation of Counseling & Related Educational Programs (CACREP)</i>	
Co-Chair	July 2015 to July 2017
<i>Committee Member (July 2013 to July 2015)</i>	
<i>Professional Standards Committee</i>	
<i>American Counseling Association (ACA)</i>	
Chair, ICES Conference Committee	February 2015 to June 2015
<i>Illinois Counselor Educator and Supervisors (ICES)</i>	
<i>Division of the Illinois Counseling Association (ICA)</i>	
Chair	January 2013 to July 2015
<i>Clinic Director/Placement Coordinator Interest Network (CDCP)</i>	
<i>Association for Counselor Education and Supervision (ACES)</i>	

 PUBLICATIONS
Book Chapters

Lauka, J. D. & Banks, B. (2021). Supervision in counseling and training clinics. In Lenz, A. S. & Flamez, B. (Ed.), *Practical approaches to clinical supervision across settings: Theory, practice, and research*. New York, NY: Pearson.

Peer-Reviewed Journal Articles

- Lauka, J. D.,** McCarthy, A., Moody, S. & Yoo, M. (2025). Site supervisor roles and responsibilities: Counseling programs' written expectations. *Teaching and Supervision in Counseling*, Vol. 7(1), Article 7. <https://doi.org/10.7290/tsc07rbst>
- Moody, S., **Lauka, J. D.,** & McCarthy, A. (2022). From readiness to action: Social justice training in practicum. *Journal of Counselor Preparation and Supervision*, 15(2). Retrieved from <https://digitalcommons.sacredheart.edu/jcps/vol15/iss2/22>
- Lauka, J. D.,** Hart, K. A., Binhackova, M., & Friedman, E. N. (2015). Cultivating authentic community in counseling programs through faculty-student relationships. *VISTAS 2015*. Retrieved from <http://www.counseling.org/knowledge-center/vistas>
- Lauka, J. D.,** McCarthy, A. K., & Carter, D. A. (2014). A national survey on counseling training clinics in CACREP accredited programs. *Journal of Counseling in Illinois*, 3(1), 5-16.
- Lauka, J. D.,** & McCarthy, A. K. (2013). Proposed guidelines for operating counselor education and supervision training clinics. *Counselor Education and Supervision*, 52, 109-121.
- Lauka, J. D.,** Remley, T. P., & Ward, C. A. (2013). Attitudes of counselors regarding ethical situations encountered by in-home counselors. *The Family Journal*, 21(2), 129-135.
- Sikes, A., Cole, R. F., McBride, R., Fusco, A., & **Lauka, J.** (2009). Addressing the needs of substance abusing adolescents: A guide for professional school counselors. *Journal of School Counseling*, 7(43), 1-23. Retrieved from <http://jsc.montana.edu/articles/v7n43.pdf>
- Sikes, A., Walley, C., Cole, R. F., McBride, R., Fusco, A., & **Lauka, J.** (2011). Inhalant and prescription medication abuse among adolescents: An inexpensive, accessible, and misperceived trend. *Journal of Child & Adolescent Substance Abuse*, 20(3), 237-252. Retrieved from <http://dx.doi.org/10.1080/1067828X.2011.581903>.

MANUSCRIPTS IN PREPARATION

- Lauka, J. D. (In preparation). Risk management strategies in clinical field experiences: Toward a culture of safety and well-being.

GRANTS AND CONTRACTS AWARDED

- Moody, S. J., **Lauka, J. D.,** & McCarthy, A.K. (2012, December). *Adopting a social justice paradigm during counseling students' first practicum*. Grant received from the Association for Counselor Education and Supervision. (\$850.00).
- Lauka, J. D. (2012, November). *Merlin W. Schultz professional development grant*. Grant received from the Illinois Counseling Association Foundation. (\$1000.00).
- Lauka, J. D.,** & McCarthy, A. K. (2012, September). *A national survey on counseling training clinics in CACREP accredited programs*. Grant received from the North Central Association for Counselor Education and Supervision. (\$1000.00).

PROFESSIONAL PRESENTATIONS (PEER-REVIEWED)**National**

- Lauka, J. D.** (2019, October). *Deliberate Practice: A model for enhancing students' culturally responsive decisions-making skills*. Content Presentation at the Association for Counselor Education and Supervision Bi-Annual Conference, Seattle, WA.

- Bell, T., **Lauka, J. D.**, & Miley, K. (2019, October). *Addressing current trends in counselor education and supervision: One state division's efforts*. Content Presentation at the Association for Counselor Education and Supervision Bi-Annual Conference, Seattle, WA.
- Bell, T., Drout, M. O., & **Lauka, J. D.** (2017, October). *CORE-CACREP merger: Teaching strategies to infuse disability-related concepts to CACREP curriculum*. Content Presentation at the Association for Counselor Education and Supervision Bi-Annual Conference, Chicago, IL.
- Mascari, J. B., Urofsky, R., Williams, D., Goodrich, K., **Lauka, J.D.**, & Wilson, A. (2017, October). *Competency-based counselor education: Danger or Opportunity?* Content Presentation at the Association for Counselor Education and Supervision Bi-Annual Conference, Chicago, IL.
- Lauka, J. D.** & Moody, S. (2016, March). *Justice-oriented supervision: Supervisee advocacy and empowerment*. Content Presentation at the Annual Conference of the American Counseling Association (ACA), Montreal, Canada.
- Moody, S., & **Lauka, J. D.** (2015, October). *Developmental infusion of social justice constructs in counselor education: Shifting the paradigm*. Content Presentation at the Association for Counselor Education and Supervision Annual Conference, Philadelphia, PA.
- Douglas, K., **Lauka, J. D.**, Likis-Werle, E., Hall, S., & Hart, K. (2015, October). *Developing and managing counselor education training clinics: A panel discussion*. Content Presentation at the Association for Counselor Education and Supervision Annual Conference, Philadelphia, PA.
- Lauka, J. D.** (2015, March). *A social justice approach to cognitive behavioral therapy*. Content Presentation at the Annual Conference of the American Counseling Association (ACA), Orlando, FL.
- Lauka, J. D.**, McCarthy, A. K., Hall, S. B., & Carter, D. (2013, October). *Proposed guidelines for operating counselor education and supervision training clinics*. Content Presentation at the Association for Counselor Education and Supervision Annual Conference, Denver, CO.
- Moody, S., & **Lauka, J. D.** (2013, October). *Adopting a social justice paradigm during counseling students' first practicum*. Association for Counselor Education and Supervision Annual Conference, Denver, CO [poster].
- McBride, R., & **Lauka, J. D.** (2009, October). *Positive and negative aspects of doctoral students supervising master's students in counselor education and supervision programs*. Roundtable Presentation at the ACES Annual Conference, San Diego, CA.
- Remley, T. P., Jr., Forman, J., **Lauka, J. D.**, Shaw-Stateman, S., & Shiflett, C. (2009, October). *Doctoral students supervising master's students: Challenges, benefits, and a model that works*. Content Presentation at the ACES Annual Conference, San Diego, CA.

Regional

- Zhang, J., & **Lauka, J. D.** (2022, October). *Asian international counseling students in field experience: Applying the multicultural orientation framework*. Poster Presentation at the SACES Bi-Annual Conference, Baltimore, MD.
- Lauka, J.D.** (2018, October). *Deliberate practice: A model for enhancing students' broaching skills*. Content Presentation at the NCACES Bi-Annual Conference, Cleveland, OH.
- Bell, T., Drout, M.O., & **Lauka, J. D.** (2016, October). *The curricular and programmatic implications of the CACREP-CORE merger*. Content Presentation at the NCACES Bi-Annual Conference, Bloomington, MN.

- Schnucker, H., & Lauka, J. D. (2016, October). *Enhancing graduate student wellness through a peer support group: A study*. Poster Presentation at the NCACES Bi-Annual Conference, Bloomington, MN.
- Lauka, J. D., & Friedman, E. N. (2014, October). *Collaboration: A necessary condition in the pursuit of social justice and a positive future*. Roundtable Presentation at the RMACES Bi-Annual Conference, Jackson Hole, WY.
- Lauka, J. D., & McCarthy, A. K. (2012, October). *Counseling training clinics: Current trends of operation and management*. Content Presentation at the NCACES Annual Conference, Kansas City, MO.
- Melvin, K. J., Lauka, J. D., & Wickman, S. (2012, October). *The doctoral P.A.W.: Research indicating enduring effects of a shared pre-admission experience*. Content Presentation at the NCACES Annual Conference, Kansas City, MO.

State & Local Presentations

- Lauka, J. D. & Bell, T. (2016, November). *Justice-oriented supervision: Supervisee advocacy and empowerment*. Content Presentation at the Annual Conference of the Illinois Counseling Association, Springfield, IL.
- Lauka, J. D. & Bilkey, M. (2015, November). *Adlerian and cognitive behavioral therapy: An integrative approach*. Content Presentation at the Annual Conference of the Illinois Counseling Association, Skokie, IL.
- Lauka, J. D., & Friedman, E. N. (2014, November). *A social justice approach to cognitive behavioral therapy*. Content Presentation at the Annual Conference of the Illinois Counseling Association, Schaumburg, IL.
- Lauka, J. D., Hart, K. A., Binhackova, M., & Friedman, E. (2014, November). *Cultivating authentic community in counseling programs through faculty-student relationships*. Content Presentation at the Annual Conference of the Illinois Counseling Association, Schaumburg, IL.
- Lauka, J. D., Friesema, A., & Moody, S. (2013, November). *A social justice approach to strategic planning: Creating relationships for wellness through collaborative engagement*. Content Presentation at the Annual Conference of the Illinois Counseling Association (ICA), Skokie, IL.
- Lauka, J. D. (2013, November). *Attending the Beck institute for cognitive behavior therapy: Personal reflections & professional implications*. Content Presentation at the ICA Annual Conference, Skokie, IL.
- Lauka, J. D. & Moody, S. (2012, November). *Counselor education training clinics: Bridging the gap between counselor education programs and society*. Annual Conference of the Illinois Counseling Association (ICA), Springfield, IL.
- Lauka, J. D. (2011, November). *Counseling training labs: Current trends of operation and management*. Annual Conference of the Illinois Counseling Association (ICA), Skokie, IL.

PROFESSIONAL PRESENTATIONS (INVITED)

International

- Lauka, J. D. (2025, June). *Beyond risk management: Supervision strategies to optimize growth and well-being* [Invited Roundtable Conference Presentation]. The International Interdisciplinary Conference on Clinical Supervision (IICCS), New Brunswick, NJ.

Lauka, J. D., Reitmeier, M., & Scott, R. (2021, July 16th). *Crisis in the delivery of quality agency-based field experiences* [Invited Panelist]. The International Interdisciplinary Conference on Clinical Supervision (IICCS), Washington DC.

Harriman, K., **Lauka, J. D.**, Reitmeier, M., & Williamson, E. (2020, July 31st). *Crisis in the delivery of quality agency-based student internships: Does COVID-19 present new challenges and opportunities?* [Invited Panelist]. The International Interdisciplinary Conference on Clinical Supervision (IICCS). Virtual.

National

Naderman, K., Oliveira, E., **Lauka, J. D.**, Foster, R., & Mirghassemi, F. (2025, October). *ACES training clinic standards task force: Invited Presentation at the Association for Counselor Education and Supervision Bi-Annual Conference*, Philadelphia, PA.

Heller Levitt, D., Boland, E., Field, T., **Lauka, J. D.**, Richeson, B., Solmonson, L., & Fernandez, M. S. (2021, December 14th). *CACREP 2024 standards revision committee virtual chat*. [webinar]. The Council for Accreditation of Counseling & Related Educational Programs (CACREP).

Heller Levitt, D., Boland, E., Field, T., **Lauka, J. D.**, Richeson, B., Solmonson, L., & Fernandez, M. S. (2021, November 11th). *CACREP 2024 standards revision committee virtual chat*. [webinar]. The Council for Accreditation of Counseling & Related Educational Programs (CACREP).

Heller Levitt, D., Boland, E., Field, T., **Lauka, J. D.**, Richeson, B., Solmonson, L., & Fernandez, M. S. (2021, October 7th). *CACREP 2024 standards revision committee feedback session on draft 1*. Content Presentation at the Association for Counselor Education and Supervision Bi-Annual Conference, Atlanta, GA.

Heller Levitt, D., Boland, E., Field, T., **Lauka, J. D.**, Richeson, B., Solmonson, L., & Fernandez, M. S. (2020, November 13th). *CACREP 2024 standards revision committee virtual chat*. [webinar]. The Council for Accreditation of Counseling & Related Educational Programs (CACREP).

Heller Levitt, D., Boland, E., Field, T., **Lauka, J. D.**, Richeson, B., Solmonson, L., & Fernandez, M. S. (2020, November 6th). *CACREP 2023 standards revision committee virtual chat*. [webinar]. The Council for Accreditation of Counseling & Related Educational Programs (CACREP).

Heller Levitt, D., Boland, E., Field, T., **Lauka, J. D.**, Richeson, B., Solmonson, L., & Fernandez, M. S. (2020, October 16th). *CACREP 2023 standards revision committee virtual chat*. [webinar]. The Council for Accreditation of Counseling & Related Educational Programs (CACREP).

Heller Levitt, D., Boland, E., Field, T., **Lauka, J. D.**, Richeson, B., Solmonson, L., & Fernandez, M. S. (2020, October 2nd). *CACREP 2023 standards revision committee virtual chat*. [webinar]. The Council for Accreditation of Counseling & Related Educational Programs (CACREP).

Heller Levitt, D., Boland, E., Field, T., **Lauka, J. D.**, Richeson, B., Solmonson, L., & Fernandez, M. S. (2019, October). *CACREP Table talk & 2023 standards revision committee session*. Content Presentation at the Association for Counselor Education and Supervision Bi-Annual Conference, Seattle, WA.

State & Local

Lauka, J. D., Miley, K., Carter, A., Bell, T., & Duris, K. (2019, April). *Illinois counselor educator summit*. Day-long workshop hosted by the Illinois Counselor Educators and Supervisors (ICES). Lisle, IL.

Lauka, J. D., Miley, K., Carter, A., Bell, T., & Duris, K. (2018, November). *Advancing the profession in solidarity: Counselor educators and supervisors pre-conference workshop*. Day-long workshop at the Annual Conference of the Illinois Counseling Association, Itasca, IL.

Lauka, J. D. (2012, March). *Wellness counseling*. Presentation at the Graduate Student Assistantship Recruitment Program (GSARP). Northern Illinois University, DeKalb, IL.

EDITORIAL EXPERIENCE

Guest Editorial Review Board Member

The Clinical Supervisor Journal

July 2024 and September 2020

Associate Editor

The Professional Counselor

National Board for Certified Counselors (NBCC)

April 2022 to May 2023

Editorial Review Board Member

The Professional Counselor

National Board for Certified Counselors (NBCC)

January 2016 to June 2023

OTHER SCHOLARSHIP

Accreditation Reports

Lauka, J. D. (2021). *Institutional response to the CACREP site visit report*. Clinical Mental Health Counseling and School Counseling Programs. Johns Hopkins University School of Education.

Lauka, J. D. (2021). *Second addendum to reviewers' response to self-study*. Clinical Mental Health Counseling and School Counseling Programs. Johns Hopkins University School of Education.

Schreck, J., & Lauka, J. D. (2020). *Addendum to reviewers' response to self-study*. Clinical Mental Health Counseling and School Counseling Programs. Johns Hopkins University School of Education.

Lauka, J. D. (2018). *2018 CACREP Mid-cycle report*. Clinical Mental Health Counseling Program. Adler University.

Lauka, J. D. (2016). *Institutional response to CACREP site visit report*. Clinical Mental Health Counseling Program. Adler University

Program Evaluation Reports

Lauka, J. D. (2018). *Clinical mental health counseling program 2017-2017 annual report*. Department of Counselor Education and Counseling. Adler University. https://www.adler.edu/wp-content/uploads/2020/05/Adler-CMHC-CACREP-Annual-Report-9_10_18.pdf

Professional Educational Materials

Lauka, J. D., & Conley, D. (2021). *Field experience handbook 2021-2022*. [Manual]. Clinical Mental Health Counseling and School Counseling Programs. Johns Hopkins University School of Education.

Lauka, J. D., & Conley, D. (2021). *Site supervisor handbook 2020-2021*. [Manual]. Clinical Mental Health Counseling and School Counseling Programs. Johns Hopkins University School of Education.

Lauka, J. D., & Conley, D. (2021). *Field experience handbook 2020-2021*. [Manual]. Clinical Mental Health Counseling and School Counseling Programs. Johns Hopkins University School of Education.

Lauka, J. D., Eddinger, J., & Conley, D. (2020). *State licensure guide for counseling students*. [Manual]. Clinical Mental Health Counseling and School Counseling Programs. Johns Hopkins University School of Education.

Lauka, J. D., Bohecker, L., & Hall, S. (2015). *Directory of counselor education training clinics*. [Manual]. Association for Counselor Education and Supervision (ACES) Clinical Director and Placement Coordinator (CDPC) Interest Network.

Webinars

Lauka, J. D., & Conley, D. (2021). *JHU Counseling program 2021-2022 Site supervisor orientation* [Webinar]. Department of Counseling & Educational Studies, Johns Hopkins University. <https://vimeo.com/669567305/8f47b49d33>

Conley, D. & **Lauka, J. D.** (2021). *Counseling program 2021-2022 field experience orientation* [Webinar]. Department of Counseling & Educational Studies, Johns Hopkins University. https://youtu.be/pO8Bx_Z69DA

Lauka, J. D., & Dubois, S. (2017). *Clinical counseling versus clinical psychology* [Webinar]. Adler University.

Lauka, J. D., and Feran, R. (2015). *Taking your master's degree to the next level: PhD in counselor education and supervision* [Webinar]. Adler University.

Lauka, J. D., & Fisher, T. (2013). *Master's in counseling program site supervisor workshop* [Webinar]. Northern Illinois University

Lauka, J. D. (2012). *Graduate counseling program: Program update for site supervisors* [Webinar]. Northern Illinois University

PROFESSIONAL CONSULTATION

Lauka, J. D. (2021, June). *CACREP consultation for DePaul University. Chicago, IL.*

GRANTS AND CONTRACTS SUBMITTED

Lauka, J. D. & Hart, K. A. (2019, July). *National survey of field experience coordination in CACREP accredited programs.* the Association for Counselor Education and Supervision. (\$1700.00). [Not funded].

DISSERTATION COMMITTEES

Nelson, J. Scott (Defended – June 2013). *Online technology and counseling microskill development: A mixed-methods approach.* NIU – Committee Member.

Camille-McKiness, Kristy (Defended – May 2013). *Police perspectives on CIT training: An ethnographic study of law enforcement officers' perspectives on crisis intervention team training.* NIU – Committee Member.

McCarthy, Amanda K. (Defended – May 2012). *Relationships between supervisory working alliance, counselor self-efficacy, and number of successful client outcomes in the state/federal rehabilitation counseling system.* NIU – Committee Member.

DEPARTMENTAL AND INSTITUTIONAL SERVICE

Johns Hopkins University, Baltimore, MD

Member, Diversity Committee (September 2025 to Present)
School of Education

Member, Curriculum Committee (September 2025 to Present)
Department of Counseling & Educational Studies

Member, Academic Policies and Procedures Committee (January 2025 to July 2025)
School of Education

Member, Academic Grievance Committee (January 2025 to Present)
Johns Hopkins University

Co-Chair, Student Affairs Committee (September 2021 to Present)

Member, Student Affairs Committee (September 2020 to August 2021)
School of Education

Faculty Presenter, Counseling Virtual Information Webinar (December 12, 2024)
Office of Admissions, School of Education

Facilitator, Counseling Student Panel (November 6, 2024)
Office of Admissions, School of Education

Co-Chair, CACREP Accreditation Task Force (October 2019 to January 2021)
Department of Counseling & Educational Studies

Faculty Course Content Lead, Counseling Program (September 2020 to Present)

ED.860.639 Cognitive Behavior Therapy

ED.861.502 Counseling Theory and Practice (September 2020 to 2022)

ED.863.870 Practicum in Clinical Mental Health Counseling (September 2022 – Present)

Chair, Field Experience Committee (June 2020 to February 2023)
Counseling Program

Member, AEFIS Field Experience Task Force (June 2020 to September 2020)
Johns Hopkins University

Co-Chair, Faculty Search Committee (August 2022 to March 2023)
Department of Counseling & Educational Studies

Member, Faculty Search Committee (May 2020 to August 2020)
Department of Counseling & Educational Studies

Adler University, Chicago, IL

Co-Presenter (December 4, 2018)
Adler Student Government Annual Case Conceptualization

Online Course Developer, Department of Counseling (July 2014 to October 2018)

COUN 534 Counseling Skills (February 2018 to October 2018)

DCES 704 Adv. Multicultural Counseling, Advocacy & Leadership (March 2015 to July 2015)

COUN 630 Addictions Counseling (July 2014 to December 2014)

Evaluator (June 19, 2015 & May 29, 2018)
Annual Social Justice Practicum Symposium

Evaluator (June 1, 2017)
Continuing Student Scholarship Essays

Chair, Professional Dispositions Task Force (May 2017 to October 2017)
Department of Counseling

Chair, Curriculum Committee (September 2015 to May 2017)
Department of Counseling

Chair, Faculty Search Committee (May 2018 to July 2018 & September 2015 to April 2016)
Clinical Mental Health Counseling Program

Member, Online CMHC Program Task Force (May 2017 to June 2019)
Department of Counseling

Member, DCES Advisory Committee (August 2016 to June 2019)
Doctoral Program in Counselor Education and Supervision

Member, Academic Policies & Procedures Committee (September 2015 to June 2019)
Adler University

Evaluator, CES Doctoral Program Candidacy Examination (June 2017)
Department of Counseling

Faculty Adviser, Adler Counseling Student Association (ACSA) (August 2014 to August 2016)
Clinical Mental Health Counseling Program

Member, Admissions Committee (August 2014 to August 2015)
Department of Counseling

Alternate Member, Student Development Committee (August 2014 to September 2015)
Department of Counseling

Member, Counseling Lab Task Force (September 2014 to December 2015)
Department of Counseling

Northern Illinois University, DeKalb, IL

Chair, Technology Task Force (August 2012 to July 2014)
Department of Counseling, Adult & Higher Education

Chair, Practicum Supervisor Committee (August 2011 to July 2014)
Department of Counseling, Adult & Higher Education

Chair, Doctoral Internship Task Force (August 2011 to April 2013)
Department of Counseling, Adult & Higher Education

Chair, Admissions Committee (August 2011 to July 2014)
Department of Counseling, Adult & Higher Education

Member, Recruitment Committee (August 2011 to July 2014)
Department of Counseling, Adult & Higher Education

Member, Clinical Mental Health Specialization Committee (August 2011 to July 2014)
Department of Counseling, Adult & Higher Education

Member, Counseling Program Assessment Committee (August 2011 to July 2014)
Department of Counseling, Adult & Higher Education

Member, Doctoral Student Program Committee (August 2011 to July 2014)
Department of Counseling, Adult & Higher Education

Coordinator, NBCC Continuing Education Provider (January 2013 to July 2014)
Department of Counseling, Adult & Higher Education

PROFESSIONAL SERVICE

Committee Member
Membership Committee
Association for Contextual and Behavioral Science (ACBS)

June 2025 to Present

Task Force Member <i>ACES Training Clinic Standards Task Force</i> <i>Association for Counselor Education and Supervision (ACES)</i>	January 2025 to Present
Session Chair <i>17th International Interdisciplinary Conference on Clinical Supervision</i> <i>Redlands, CA</i>	July 14, 2024
Co-Chair, Continuing Education <i>Conference Committee</i> <i>Association for Counselor Education and Supervision (ACES)</i>	October 2017 to December 2017
Committee Member <i>Strategic Planning Committee</i> <i>Association for Counselor Education and Supervision (ACES)</i>	March 2015 to July 2016
Board Member <i>Illinois Counselor Educator and Supervisors (ICES)</i> <i>Division of the Illinois Counseling Association (ICA)</i>	September 2014 to July 2015
Committee Member <i>Research Grant Awards Committee</i> <i>North Central Association for Counselor Education and Supervision (NCACES)</i>	September 2015
Board Member <i>ICES Board Representative</i> <i>Coalition of Illinois Counselor Organizations (CICO)</i>	July 2014 to July 2015
Committee Member <i>Awards Committee</i> <i>Chi Sigma Iota, Omega Delta Chapter</i>	September 2008 to December 2008

SERVICE TO THE COMMUNITY

Disaster Mental Health Volunteer <i>Disaster Cycle Services, American Red Cross – Chicago & Northern Illinois</i>	October 2018 to June 2019
Committee Member <i>Mercy Committee, Covenant Presbyterian Church of Chicago</i>	January 2015 to March 2016
Vice Chair <i>DeKalb Township Committee on Youth, DeKalb Township, IL</i>	June 2012 to July 2014
Judge <i>NIU Counseling Association Scholarship, Northern Illinois University</i>	August 2013
Judge <i>American Bar Association Client Counseling Competition, Northern Illinois University</i>	February 9, 2013
Volunteer <i>NIU Cares Day, Northern Illinois University</i>	April 16, 2012

ADVANCED PROFESSIONAL TRAINING (LEADERSHIP)

Online Orientation for New Peer Evaluators <i>Middle States Commission on Higher Education (MSCHE)</i>	December 22, 2021
Online Education and Accreditation Workshop	May 28, 2021

Distance Education Accrediting Commission (DEAC)

CACREP Site Team Chair: Virtual Site Visit Training <i>Council for Accreditation of Counseling & Related Educational Programs (CACREP)</i>	June 1, 2020
CACREP Site Team Chair Training <i>Council for Accreditation of Counseling & Related Educational Programs (CACREP)</i>	February 21, 2018
ACA Institute for Leadership Training <i>American Counseling Association (ACA)</i>	July 27 to July 29, 2016
ACA Institute for Leadership Training <i>American Counseling Association (ACA)</i>	July 22 to July 25, 2015
ACA Midwest Leadership Training <i>American Counseling Association (ACA)</i>	September 19 to September 21, 2014
CACREP Site Team Member Training <i>Council for Accreditation of Counseling & Related Educational Programs (CACREP)</i>	March 2013

ADVANCED PROFESSIONAL TRAINING (TEACHING)

Teaching and Supervising CBT Workshop <i>Beck Institute for Cognitive Behavior Therapy</i>	August 16 to August 17, 2021
Facilitating “Difficult Dialogues” about Diversity & Equity in the Classroom <i>Diane J. Goodman, Ed.D., Diversity and Social Justice Training and Consulting</i>	March 7, 2017
Creating Equitable and Inclusive Classrooms <i>Diane J. Goodman, Ed.D., Diversity and Social Justice Training and Consulting</i>	June 14, 2016
Quality Matters: Applying the QM Rubric <i>Quality Matters (QM)</i>	August 12 to August 19, 2014
Technology and Pedagogy Online Training <i>Adler Department of Online Education</i>	July 16 to August 20, 2014

ADVANCED PROFESSIONAL TRAINING (CLINICAL)

Reimagining ACT: 2-Day Training in Acceptance & Commitment Therapy <i>Institute for Better Health (IBH)</i>	October 18 & 19, 2025
TeleMental Health Training Program, 15.5 Hours <i>Telehealth Certification Institute, LLC</i>	January 10, 2025
ACT BootCamp: 4-Day Training in Acceptance & Commitment Therapy <i>PESI, Inc. and Psychotherapy Networker</i>	October 10 – 13, 2024
Training CBT Supervisors Workshop <i>Beck Institute for Cognitive Behavior Therapy</i>	April 1, 8, & 22, 2022
Feedback-Informed Treatment Deliberate Practice Intensive <i>International Center for Clinical Excellence (ICCE)</i>	August 9 and 10, 2018
Psychological First Aid: Helping Others in Times of Stress <i>American Red Cross</i>	August 7, 2018
Disaster Mental Health Fundamentals Part 2 <i>American Red Cross</i>	September 16, 2018

Disaster Mental Health Fundamentals Part 1 <i>American Red Cross</i>	August 2018
Disaster Mental Health: Introduction Disaster Cycle Services <i>American Red Cross</i>	June 2018
Culturally Sensitive Mental Health- 1st Responder Training <i>The Chicago is with You Task Force Mental Health Subcommittee</i>	February 2017
Core 2: CBT for Anxiety Workshop <i>Beck Institute for Cognitive Behavior Therapy</i>	July 11 to July 13, 2016
Core 1: CBT for Depression & Suicidality Workshop <i>Beck Institute for Cognitive Behavior Therapy</i>	January 28 to January 30, 2013
Critical Incident Stress Management Training (Group) <i>Sentara Employee Assistance Program</i>	June 2008
Critical Incident Stress Management Training (Individual) <i>Sentara Employee Assistance Program</i>	April 2008

PROFESSIONAL MEMBERSHIPS

American Counseling Association (ACA)	2008 to Present
American Mental Health Counselors Association (AMHCA)	2014 to Present
American Evaluation Association (AEA)	2021 to 2023
Association for Counselor Education and Supervision (ACES)	2009 to Present
Association for Assessment and Research in Counseling (AARC)	2019 to Present
Association for Contextual Behavioral Science	2020 to Present
Southern Association for Counselor Education and Supervision (SACES)	2019 to Present
Illinois Counselor Educators and Supervisors (ICES)	2011 to 2019