

Samantha C. Long

PhD in Counseling, LPC (VA), RPT™, NCC

Core counselor education faculty participate in professional activities, scholarly activities, and service to the profession. All core counselor education faculty must identify with the counseling profession through each of the following:

1. have sustained memberships in professional counseling organizations;
2. relevant professional counseling credentials; and
3. show evidence of sustained professional engagement through at least two of the following:
 1. professional development and renewal activities related to counseling
 2. professional service and advocacy in counseling
 3. ongoing counseling practice
 4. research and scholarly activity in counseling commensurate with my faculty role

Current Titles

Faculty Lecturer with the School of Education, Johns Hopkins University

Licensed Professional Counselor (VA)

Registered Play Therapist

Nationally Certified Counselor

Education

2020-2024

Ph.D. Counseling at The George Washington University

Specialization: Children and Families

Cumulative GPA: 3.92

2016-2018

M.A., Counseling at Northwestern University

Concentration: Children and Adolescent specialization track

Cumulative GPA: 3.96

Capstone Project: Intergenerational Trauma and the Influence of Attachment

Graduate Assistant under Dr. Lee Teufel-Prida, Ph.D., 2017-2018

2011-2015

B.A., Psychology at Missouri Western State University

Cumulative GPA: 3.92

Major GPA: 4.0

Graduated Summa Cum Laude

Undergraduate Researcher under Dr. Benjamin England, Ph.D., 2015

Credentials

Licensed Professional Counselor (VA) #0701012461

Registered Play Therapist #T6254

Nationally Board-Certified Counselor #1092376

Certified Clinical Trauma Professional

Teaching Positions

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| Fall 2025 | Faculty Lecturer at Johns Hopkins University: Counseling Theory and Practice (in-person) |
| Fall 2025 | Faculty Lecturer at Johns Hopkins University: Human Development and Counseling (in-person) |
| Fall 2025 | Faculty Lecturer at Johns Hopkins University: Ethical and Legal Issues in Mental Health Counseling (in-person) |
| Summer 2025 | Faculty Lecturer at Johns Hopkins University: Addictions Counseling I: Theory and Approaches (asynchronous) |
| Fall 2024 | Clinical Assistant Professor at The George Washington University: Counseling Interview Skills within the School Counseling program (in-person) |
| Summer 2024 | Adjunct Professor at The George Washington University: Individual Assessment in Counseling within the School Counseling Program (in-person); Adjunct Professor at The George Washington University: Professional and Ethical Orientation to Counseling within the School Counseling Program (in-person); Adjunct Professor at The George Washington University: Trauma and Crisis Intervention within the School Counseling Program (in-person). |
| Fall 2023 | Adjunct Professor at The George Washington University: Counseling Interview Skills within the School Counseling Program (in-person) |
| Summer 2023 | Adjunct Professor at The George Washington University: Life Span Human Development within the Clinical Mental Health Counseling program (in-person) and Trauma and Crisis Intervention within the School Counseling Program (in-person) |
| Spring 2023 | Adjunct Professor at The George Washington University: Child and Adolescent Development within the School Counseling Program (in-person) |
| Fall 2022 | Adjunct Professor at The George Washington University: Counseling Interview Skills within the School Counseling Program (in-person) |

Teaching Assistant Experience

- Spring 2023 Co-Teaching Assistant for Trauma and Crisis Intervention (in-person) with Dr. DeRaedt within the School Counseling program
- Summer 2022 Co-Teaching Assistant for Family Counseling (in-person) with Dr. Das within the Clinical Mental Health program
- Spring 2022 Teaching Assistant for the Child and Adolescent Human Development (online) under Dr. Glickman within the Clinical Mental Health program and Teaching Assistant for Counseling Interview Skills (in-person) under Dr. Parker within the Clinical Mental Health program
- Fall 2021 Teaching Assistant for Special Topics: Play Therapy (in-person) under Dr. Parker within the School Counseling program
- Summer 2021 Teaching Assistant for Child and Adolescent Human Development (online) under Professor Glickman within the Clinical Mental Health program and Teaching Assistant for Special Topics: Play Therapy (online) under Dr. Parker within the School Counseling program
- Fall 2020 Teaching Assistant for Counseling Interview Skills (online) course Dr. Parker within the School Counseling program

Leadership Positions

- 2024 -Current Virginia Association for Play Therapy Vice President Executive Board
- 2024-Current Virginia Association for Play Therapy Chair of the Scholarship Committee
- 2024-Current Co-Chair for the Social Media Committee for the Association for Child and Adolescent Counseling Organization
- 2024-Current Research Grant and Awards Committee Member for the Association for Child and Adolescent Counseling Organization
- 2023-2024 Association for Child and Adolescent Counseling Emerging Leader
- 2023-2024 Co Regional Leader for the Northern Virginia Association for Play Therapy
- 2022-2023 Co-Chair for the Virginia Association for Play Therapy Northern Virginia Chapter
- 2022-2023 Chi Sigma Iota, Rho Theta Doctoral Student Representative
- 2021-2022 Student Board Member for the Virginia Association for Play Therapy

Publications

Long, S., & Nguyen, C. (2024). Helping the Helper: Addressing Burnout, Compassion Fatigue, and Vicarious Trauma. In M. Spetlnik (Eds.), *A practical guide to hoarding for friends and family* (pp. 96-106). ISBN-13: 978-0-9979380-3-6.

Long, S. (2024). Trauma and play therapy competencies and confidence: A qualitative exploration. ProQuest Dissertations & Theses Global. Retrieved from <https://www.proquest.com/dissertations-theses/trauma-play-therapy-competencies-confidence/docview/3031628868/se-2>

Anderson, K., **Long, S.**, & Parker, M. (2023). Promoting psychosocial wellbeing through the power of play unlocking children's full potential for learning and life. *Right to Play*.

Parker, M., Darcy-Mahoney, A., & **Long, S.** (2023). Engaging in cross-discipline collaborative training for school counselors and school nurses: Meeting the mental health crisis in schools. *Teaching Practice Briefs*.

Teufel-Prida, L.A., Raglin, M., **Long, S.**, & Wirick, D.M. (2018). Technology-assisted counseling for couples and families. *The Family Journal*, 26(2), 134-142. Doi: <https://doi.org/10.1177%2F1066480718770152>.

Manuscript Under Review

Parker, M., Opiola, K., Gezer, T., **Long, S.**, & Smelser, Q. (2024). The efficacy of child-centered play therapy for childhood trauma: A meta-analytic review. Manuscript submitted for publication with the *Journal of Children and Adolescence*.

Current Research Projects

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| Current | Exploring the Lived Experiences of Peer Counselors in Reducing Depression in Uganda: A Descriptive Phenomenological Approach with Dr. Mary DeRaedt |
| Current | A Peer Counseling Model to Address Depression in Rural Uganda with Dr. Mary DeRaedt |
| Current | Childhood Neglect, Attachment, and Child Behavior Problems: A Longitudinal Study with Dr. Lanthier and Dr. Parker |
| Current | Researcher Vulnerability and Self-Care Practices in Qualitative Research with Dr. Arshad Ali |
| Current | Where are all the Psychologists: Exploring the Underrepresentation of Psychologists in Play Therapy Practice with Dr. Parker |

Research Positions

- 2023-2023 Paid Research and Policy Associate with Unbounded Associates for the Right to Play International Policy Brief
- 2021-2023 Paid Research Assistant under Dr. Parker for the School Mental Health Counseling and School Nursing Collaboration funded by the Macy's Foundation Grant

External Funding/Research Grants

Funded

Anderson, K., Long, Samantha, & Parker, M. (2023). *Promoting psychosocial wellbeing through the power of play: Unlocking children's full potential for learning and life*. Right to Play's International Policy Note. \$21,000 (CAD).

Parker, M., & Darcy-Mahoney, A., & Long, S. (2021). *Macy's Foundation President's Grant. Harnessing School Nurse and School Counselor Collaborations: Addressing the Mental Health Crisis*. \$25,000.

Unfunded

Parker, M., Opiola, K., Peters, H.C., Burgin, E., Ojambo, D., Stulmaker, H., Long, S., et al. (2022). *The Lego Foundation, Level of Change Challenge. Using Play to Improve Mental Health of Children and Families*. \$32,000,000.

Clinic Grants

Funded

Broudy, R., Long, S., VanBrunt, A., & Dee, M. (2024). Southern Smoke Behind You Grant. \$126,000.

Presentations

Dos Santos, B., & Long, S. (2025). Embedding Systemic Wellness in Counselor Education: Moving Beyond Performative Self-Care, Association for Counselor Education and Supervision.

Long, S. (2025). Play Therapy for Trauma: Bridging the Competence-Confidence Gap in New Counselors, Association for Play Therapy, Houston TX

Long, S. (2025). Adlerian Play Therapy: A Seminal History Introduction. Crossroads Family Counseling Center, LLC, Fairfax, VA

Long, S. (2024). *Filial Therapies*. The George Washington University Family Counseling Course in the Clinical Mental Health Program.

Peters, H. C., Luke, M., Gummaluri, S., Nguyen, C., Dos Santos, B., **Long, S.**, & Farrish, K. (2023). *Principles of anti-oppression: A critical analytic synthesis and application within counselor education*. Association for Counselor Education and Supervision (content session).

Long, S. & Nguyen, C. (2023). *Mindfulness in Clinical Supervision: A Preventative Approach to Counselor Burnout*. Association for Counselor Education and Supervision (roundtable).

Long, S. & Nguyen, C. (2023). *Counselor Wellness: Mitigating Counselor Burnout, Compassion Fatigue, and Vicarious Trauma*. Northern Virginia Licensed Professional Counselors Organization (webinar).

Nguyen, C. & **Long, S.** (2022). *Counselor Burnout and Prevention: A Community Discussion*. Chi Sigma Iota Rho Theta at The George Washington University (virtual presentation).

Nguyen, C. & **Long, S.** (2022). *Mindfulness in Clinical Supervision: Amplifying Awareness & Acceptance*. The North Atlantic Region Association for Counselor Education and Supervision (NARACES) 2022 Conference in Pittsburgh, Pennsylvania (roundtable).

Long, S., Parker, M., & Anderson, K. (2022). *Working with Traumatized Children: The Benefits of Training Students in Child-Centered Approaches*. The North Atlantic Region Association for Counselor Education and Supervision (NARACES) 2022 Conference in Pittsburgh, Pennsylvania (roundtable).

Parker, M., Darcy-Mahoney, A., & **Long, S.** (2022). *Harnessing School Counselor and Nurse Collaborations to Address the Mental Health Crisis*. The Southern Association for Counselor Education and Supervision (SACES) 2022 Conference in Baltimore, Maryland (content session).

Long, S., Parker, M., Opiola, K., & Smelser, Q. (2022). *Child Centered Play Therapy as an Approach to Child Trauma: A Meta-Analytic Review*. The Association for Play Therapy 2022 Conference in Saint Louis, Missouri (poster session).

Long, S. & Cottle-Makhene, R. (2021). *Navigating Through Play Therapy and Telehealth: For Beginners and Refreshers*. Virginia Association for Play Therapy (virtual continuing education training).

Long, S. (2021). *Telehealth and Play Therapy: A Prescriptive Approach to Cultivate Resiliency*. 2021 Association for Humanistic Counseling Annual Conference (virtual poster session).

Long, S. (2018). *Intergenerational Trauma and the Influence of Attachment*. Capstone Immersion in Chicago, Illinois.

Long, S. (2017). *The Magic of Play for Monarch Therapy Services in Iowa* (Foster Care Group Presentation).

Teufel-Prida, L.A., Raglin, M., and **Long, S.** (2018). *Technology-Assisted Counseling for Couples and Families*. International Association of Marriage and Family Counselors Conference in New Orleans, Louisiana (content session).

England, B. & **Long, S.** (2015). *Does the Timing of Patient History Matter for Disease Management? A Preliminary Examination*. Research Day at Missouri Western State University (poster session).

Clinical Experience

2025-Current Site Supervisor at Acadian Health Center supervising a clinical mental health student

2024- Current Co-Owner of Integrated Play Connections Therapy Center, PLLC

2023-2025 Clinic Director of the Community Counseling Services Center (CCSC) Alexandria, VA at The George Washington University

2023-Present Licensed Professional Counselor at Acadian Health Center (non-profit agency), VA

2021-2022 Supervisor at The George Washington University Community Center supervising school counselors, VA

2020-2021 Counseling Intern at The George Washington University Community Center, VA

2019-2023 Resident in Counseling at Phoenix Counseling Group and Play Therapy Center, VA

2018-2019 Mental Health Therapist (Temporary License) at Monarch Therapy Services, Iowa

2018-2018 Office Personnel at Monarch Therapy Services, Iowa

2017-2018 Practicum Intern through Northwestern University at Creative Counseling Services, Iowa and Internship Intern through Northwestern University at Monarch Therapy Services, Iowa

2016-2016 Youth Behavioral Specialist at Lutheran Services Residential Treatment Facility, Iowa

2015-2015 Practicum Student at the Counseling Center at Missouri Western State University, Missouri

Additional Experience

2025 – current Course Lead: Addictions Counseling I: Theory and Approaches
2020-2021 Leadership Academy for the Association for Play Therapy

Professional Memberships

2022-Present Association for Child and Adolescent Counseling (ACAC)
2022-Present Association for Counselor Education and Supervision (ACES)
2022-Present Southern Association for Counselor Education and Supervision (SACES)
2021-Present Chi Sigma Iota International (CSI), Rho Theta Chapter
2018-Present Association for Play Therapy
2018-Present National Board for Certified Counselors (NCC)
2016-Present American Counseling Association (ACA)

Awards

2025 Outstanding Research Award Chi Sigma Iota, Rho Theta Award
2024 Play Therapist of the Year for the Virginia Association for Play Therapy
2024 Outstanding Counselor and Supervisor Chi Sigma Iota, Rho Theta Award
2022 Outstanding Doctoral Student Chi Sigma Iota, Rho Theta Award