

CURRICULUM VITA

Isaac Burt, Ph.D.
Associate Professor
Counselor Education

Education

August 2010 Doctor of Philosophy in Counselor Education (CACREP accredited)
University of Central Florida, Orlando, FL.
G.P.A. 3.9

Dissertation Title *Addressing Anger Management in a Middle School: Initiating a Leadership Driven Anger Management Group*

May 2006 Master in Mental Health Counseling
University of Louisville, Louisville, KY.
G.P.A. 3.9

May 2001 Master of Public Administration
University of Louisville, Louisville, KY.
G.P.A. 3.9

May 1999 Bachelors of Arts in Psychology
Specialization: Social Psychology
University of Louisville, Louisville, KY.
G.P.A. 3.6; (4.0 in psychology classes)

Certification and Licensure

National Certified Counselor (NCC) # 995732 (2018-Present)

Academic Positions

Faculty Roles

August 2023-Present
Associate Professor
Johns Hopkins University
School of Education
Department of Counseling and Educational Studies (CACREP accredited)

August 2022-August 2023

Associate Professor (With Tenure)
University at Buffalo, The State University of New York
Graduate School of Education
Department of Counseling, School, and Educational Psychology

August 2018-August 2022
Associate Professor (With Tenure)
Florida International University
College of Arts, Sciences, and Education
Department of Counseling, Recreation, and School Psychology (CACREP accredited)

August 2011-July 2018*
Assistant Professor
Florida International University
College of Education
Department of Leadership and Professional Studies (CACREP accredited)

*Was on parental leave for Spring semester (Tenure clock stopped during this time)

August 2010- August 2011
Assistant Professor
Long Island University
College of Education, Information, and Technology
Department of Counseling and Development (CACREP accredited)

Administrative Roles

Fall 2024-Present
Johns Hopkins University
Vice-Chair
Department of Counseling and Educational Studies
School of Education

August 2020-August 2022
Florida International University
Office of the Provost
Director, Black Faculty Association (BFA)

August 2020-August 2022
Florida International University
Office of the Provost
Associate Director
Office to Advance Women, Equity, and Diversity (AWED)

August 2021-2022
Florida International University

College of Arts, Sciences, and Education
 Counselor Education Program
 Program Coordinator, Clinical Mental Health Track

August 2015-2017
 Counselor Education Program
 Florida International University
 College of Education
 Co-program leader

Research Interests

Integration of scientific principles with multicultural (Afrocentric/Africana) counseling
 Neuroscience (flow state/optimal experience) and racism/discrimination
 Culturally sensitive treatments
 Group work and social justice for historically marginalized populations
 Creative and contemporary techniques in counseling

RESEARCH AND SCHOLARSHIP ACTIVITIES

Publications in Referred Journals

(43). **Burt, I.** (In press). Engaging adolescent Black males through Africana strategies: Creating homeplace through peer mediation. *Journal of African American Studies*.

(42). **Burt, I.** & Tosado, L.A. II (In press). Utilizing flow state therapeutically with survivors and refugees of war: An existential-humanistic approach. *Journal of Humanistic Counseling*.

(41). **Burt, I.** (2025). Psychedelic-assisted groups in the U.S.: A culturally responsive counseling approach. *The International Journal for the Advancement of Counselling*, 1-20. <https://doi.org/10.1007/s10447-025-09610-6>

(40). Adkison-Johnson, C., & **Burt, I.** (2025). Theoretical perspectives and interventions grounded in the cultural histories and experiences of Latine/x communities: The time is now (Introduction to the special issue). *Journal of Multicultural Counseling and Development*, 53(1), 2-4. <https://doi.org/10.1002/jmcd.12314>

(39). **Burt, I.** (2025). Integrating groupwork with neuroscience to enhance adolescents' relationship skills. *Social Work with Groups*, 48(2), 132-146. <https://doi.org/10.1080/01609513.2024.2423078>

(38). **Burt, I.**, & Tosado, L.A. II. (2024). Integrating the science of epigenetics with existential-humanistic counseling to increase wellness with Black males. *The Journal of Humanistic Counseling*, 63(2), 106-118. <https://doi.org/10.1002/johc.12226>

- (37). **Burt, I.** (2024). Optimal conceptual theory: Integrating spirituality, mind, and body through Africana concepts. *Journal of Multicultural Counseling and Development*, 52(3), 211–216. <https://doi.org/10.1002/jmcd.12303>
- (36). **Burt, I., & Tosado, L.A. II.** (2024). A rites of passage counseling group: Black Panther as a metaphor of strength and resiliency for young Black males. *Professional School Counseling*, 28(1a), 1-10. <https://doi.org/10.1177/2156759X241240947>
- (35). **Burt, I.** (2024). Scientifically integrating psychedelics with counseling: Education, guidance, and implications for mental health practitioners. *Journal of Creativity in Mental Health*, 19(2), 275-287. <https://doi.org/10.1080/15401383.2023.2237868>
- (34). **Burt, I.** (2024). Integrating psychedelics into groupwork: A culturally responsive model for the counseling profession. *Psychoactives*, 3, 357- 364. <https://doi.org/10.3390/psychoactives3030022>
- (33). **Burt, I.** (2023). Reimagining the neuroscience concept of flow state to combat racism with US born Black clients. *British Journal of Guidance and Counselling*. 1-11. <https://doi.org/10.1080/03069885.2023.2196054>
- (32). **Burt, I., Hines, E.M., & Moore III, J.L.** (2023). Understanding the Black male experience: Recommendations for clinical, community, and school settings. *Journal of Multicultural Counseling and Development*, 51(4), 13-17. <https://doi.org/10.1002/jmcd.12286>
- (31). **Burt, I.** (2023). Post-racial unrest, #Blackintheivory, and the US election: Is multiculturalism still needed? *British Journal of Guidance and Counselling*, 51(5), 753-764. <https://doi.org/10.1080/03069885.2023.2185590>
- (30). **Burt, I., & Pankey, B.** (2023). Critically analyzing the field of neuroscience and its therapeutic application with Black populations. *Journal of Multicultural Counseling and Development*, 51(3), 174-182. (4% acceptance rate per editor) <https://doi.org/10.1002/jmcd.12274>
- (29). Meade, N.A., Branco, S., **Burt, I.**, White, R., & Hanks, A. (2022). Cultural appropriation, appreciation, and adaption: A rejoinder to “Effects of a Rite of Passage Ceremony on Veterans' Well-Being”. *Journal of Counseling and Development*, 100(1), 96-103. <https://doi.org/10.1002/jcad.12400>
- (28). Pham, A.V., Goforth, A.N., Aguilar, L.N., **Burt, I.**, Bastian, R., & Diaków, D. (2022). Dismantling systemic inequities in school psychology: Cultural humility as a foundational approach to social justice. *School Psychology Review*, 51(6), 692-709. <https://doi.org/10.1080/2372966X.2021.1941245> **This article received the National Association of School Psychologists 2022 article of the year honorable mention**

(27). **Burt, I.** & Gonzalez, T. (2021). Flow state as an existential tool to increase optimal experience and life enjoyment. *Journal of Humanistic Counseling*, 60(3), 197-214. <https://doi.org/10.1002/johc.12165>

(26). **Burt, I.,** & Jenkins, K. (2021). Challenging cultural and systemic institutional norms that impede effective therapeutic relationships. *Journal of Multicultural Counseling and Development*, 49, 196-198. <https://doi.org/10.1002/jmcd.12224>

(25). **Burt, I.,** Pham, A., & Hyun, J. (2021). Reexamining Asian-American masculinity and the model minority myth through a school-based counseling group. *Professional School Counseling*, 25 (1c), 1-11. <https://doi.org/10.1177/2156759X211040032>

(24). **Burt, I.** (2020). I get money: A therapeutic financial literacy group for Black teenagers. *The Journal for Specialists in Group Work*, 45(2), 165-181. <https://doi.org/10.1080/01933922.2020.1740845>

(23). **Burt, I.** (2019). Modern-day slavery in the U.S.: Human trafficking and counselor awareness. *The International Journal for the Advancement of Counseling*, 41, 187-200. <https://doi.org/10.1007/s10447-018-9366-7>

(22). **Burt, I.** (2018). Leadership-driven anger management groups for adolescents: Do they really work? *The Journal for Specialists in Group Work*, 43, 57-80. <https://doi.org/10.1080/01933922.2017.1411409> (30% acceptance rate) **This article received the Association for Specialists in Group Work's (ASGW) 2018 Research Article of the year award**

(21). **Burt, I.** (2018). Media and its influence on self-image and relationship decision-making in college-age clients: What mental health counselors should know. *The Journal of Creativity in Mental Health*, 13, 275-287. (30% acceptance rate) <https://doi.org/10.1080/15401383.2018.1426508>

(20). Vereen, L., Wines, L., Lemberger-Truelove, T., Hannon, M., Howard, N., & **Burt, I.** (2017). Black Existentialism: Extending the discourse. *The Journal of Humanistic Counseling*, 56, 72-84. <https://doi.org/10.1002/johc.12045> (8% acceptance rate per editor)

(19). **Burt, I.,** Russell, V.E.D., & Brooks, M. (2016). The invisible client: Ramifications of neglecting the impact of race and culture in professional counseling. *VISTAS 1016*, 1-10.

(18). Whitten, K.M., & **Burt, I.** (2015). Utilizing creative expressive techniques and group counseling to improve adolescents of divorce social-relational capabilities. *The Journal of Creativity in Mental Health*, 10, 363-375. <https://doi.org/10.1080/15401383.2014.986594> (30% acceptance rate per editor) **(Collaboration with a student)**

- (17). **Burt, I.**, & Abreu, R. (2015). Using mixed personal growth groups to reduce counseling students' biases with same-sex couples and increase relational competencies. *The Journal of Creativity in Mental Health*, 10, 200-215.
<https://doi.org/10.1080/15401383.2014.962721> (30% acceptance rate per editor)
(Collaboration with a student)
- (16). **Burt, I.** (2015). Transcending traditional group work: Using the Brazilian martial art of Capoeira as a clinical therapeutic group for culturally diverse adolescents. *The Journal for Specialists in Group Work*. 40, 187-203.
<https://doi.org/10.1080/01933922.2015.1017068> (30% acceptance rate per editors)
- (15). **Burt, I.** (2014). Identifying gender differences in male and female anger in an adolescent population. *The Professional Counselor: Research and Practice*, 4(5), 531-540. <https://doi.org/10.15241/ib.4.5.531> (16% acceptance rate per editors)
- (14). **Burt, I.** (2014). Addressing male anger: A school-based pilot study utilizing leadership groups with ethnic minority male adolescents. *Journal of Counseling Research and Practice*, 3, 21-26. (45% acceptance rate per editor)
- (13). Pham, A., Goforth, A., Segool, N., & **Burt, I.** (2014). Social networking in school psychology programs: A survey of faculty and graduate students. *School Psychology Forum*, 8, 130-143. (18.8% acceptance rate per editor)
- (12). Young, T., & **Burt, I.** (2013). Exploring the predictive value of the ACT among undergraduate students on academic probation. *The Journal of College Orientation and Transition*, 21, 45-53. (38% acceptance rate)
- (11). Lopez, A., & **Burt, I.** (2013). Counseling groups: A creative strategy increasing children of incarcerated parents' socio-relational interactions. *Journal of Creativity in Mental Health*, 8, 395-415. <https://doi.org/10.1080/15401383.2013.844660> (30% acceptance rate per editor) **(Collaboration with a student)**
- (10). **Burt, I.**, & Pham, A. (2013). Critically analyzing and improving graduate student learning in a counseling theories course. *VISTAS 2013*. Retrieved from http://counselingoutfitters.com/vistas/vistas13/Article_28.pdf. (40-45% acceptance rate)
- (9). **Burt, I.**, Patel, S.H., Butler, S.K., & Gonzalez, T. (2013). Integrating leadership skills into anger management groups to reduce aggressive behaviors: The LIT model. *The Journal of Mental Health Counseling*, 35(2), 124-141.
<https://doi.org/10.17744/mehc.35.2.p442173655261737> (20% acceptance rate per editor)
- (8). Brooks, M., Jones, C., & **Burt, I.** (2013). Are African American male undergraduate retention programs successful? An evaluation of an undergraduate African American male retention program. *Journal of African American Studies*, 17, 206-221.
<https://doi.org/10.1007/s12111-012-9233-2> (18% acceptance rate per editor)

- (7). **Burt, I.**, Patel, S.H., & Lewis, S.V. (2012). Anger management leadership groups: A creative intervention for increasing social and relational competencies with aggressive youth. *The Journal of Creativity in Mental Health*, 7, 249-261.
<https://doi.org/10.1080/15401383.2012.710168> (Average 30% acceptance rate per editor)
- (6). **Burt, I.** (2012). An innovative approach to working with angry adolescents using therapeutic principles and martial arts. *VISTAS 2012*. Retrieved from
http://counselingoutfitters.com/vistas/vistas12/Article_55.pdf (40-45% acceptance rate)
- (5). **Burt, I.** (2012). Social Cognitive Theory as an effective clinical supervision approach: The Social Cognitive Theory of supervision. *VISTAS 2012*. Retrieved from
http://counselingoutfitters.com/vistas/vistas12/Article_27.pdf (40-45% acceptance rate)
- (4). **Burt, I.**, Gonzalez, T., Swank, J. M., Asher, D., & Cunningham, L. (2011). Addressing the technology gap in counselor education: Identification of characteristics in students that affect learning in college classrooms. *The Journal of Counselor Preparation and Supervision*, 3(1), 18-33. (35% acceptance rate per website)
- (3). **Burt, I.**, & Butler, S.K. (2011). Capoeira as a clinical intervention: Addressing adolescent aggression with Brazilian martial arts. *Journal of Multicultural Counseling and Development*, 39(1), 48-57. (8% acceptance rate per editor)
- (2). **Burt, I.**, Lewis, S.V., Beverly, M.G., & Patel, S.H. (2010). Does high educational attainment limit the availability of romantic partners? *The Family Journal: Counseling and Therapy for Couples and Families*, 18(4), 448-454.
<https://doi.org/10.1177/1066480710378128> (38% acceptance rate per editors)
- (1). **Burt, I.**, Lewis, S.V., & Patel, S.H. (2010). Increasing accountability in school-led anger management groups: A push for equity. *VISTAS 2010*.
https://www.researchgate.net/publication/381225900_Increasing_Accountability_in_School-Led_Anger_Management_Groups_A_Push_for_Equity (40-45% acceptance rate)

Book Chapters

- (4). Beeson, E.T., & **Burt, I.** (2024). Enhancing counseling practice with neuroscience-informed research. In T.A. Field, L.K. Jones, & L.A. Russell-Chaplin (Eds.), *Neurocounseling: Brain-based clinical approaches* (2nd ed.). Alexandria, VA. American Counseling Association.
- (3). Beeson, E.T., Field, T.A., Luke, C., Miller, M., Jones, L.K., & **Burt, I.** (2024). Leveraging the neuroeducation process to enhance outcomes. In T.A. Field, L.K. Jones, & L.A. Russell-Chaplin (Eds.), *Neurocounseling: Brain-based clinical approaches* (2nd ed.). Alexandria, VA. American Counseling Association.
- (2). **Burt, I.**, Yellowhair, J., & Ivey, A. (2022). Clinical skills from a multicultural perspective: Counseling Native/Indigenous populations. In S.K. Butler, A. Flores-Locke & J. Filmore (Eds.), *Introduction to 21st century counseling*. San Diego, CA. Cognella.

(This book was a recipient of the 2022 *Textbook & Academic Authors Association Most Promising New Textbook Award*).

(1). Burt, I. (2017). Transcending traditional group work: Using the Brazilian martial art of Capoeira as a clinical therapeutic group for culturally diverse adolescents. In A. Puig, B. Skudrzyk, J. Monteiro-Leitner, & A. M. Hutchins (Eds.), *International perspectives on group work: Leadership, practice, research, and teaching*. New York, NY. Taylor & Francis. **(This book chapter is a reprint of an article first published in *The Journal for Specialists in Group Work*)**

Non-Peer Reviewed Publications in Counseling-Related Outlets

(4). White, R., Hanks, A., Branco, S., Meade, N., & **Burt, I. (2020).** A collective voice: Indigenous resilience and a call for advocacy. *Counseling Today*. Retrieved from: <https://ct.counseling.org/2020/02/a-collective-voice-indigenous-resilience-and-a-call-for-advocacy/>

(3). Burt, I. (2014). Empowering students in the classroom with a Humanistic approach. *InfoChange*, 10, 6-7. **(Invited publication)**

(2). Abreu, R., & **Burt, I. (2012).** Same-sex relationship violence. *ALGBTIC Newsletter*, 36(2), 15-18. **(Collaboration with a student)**

(1). Burt, I. (2011). Reducing excessive anger in adolescents through a martial arts intervention. *Counseling Today*, 54(6), 43-45. **(Invited publication)**

Manuscripts Submitted for Publication in Referred Journals

Burt, I. Muratori, M., Newhart, S., Bonner, M.W., & Young, A. (In review). Gatekeeping vs. money in U.S. Counselor Education programs, which one wins? *The British Journal of Guidance and Counselling*. **(Manuscript submitted August 2025)**

Bonner, M.W., & **Burt, I.** (In review). Racial trauma, counselor burnout, and self-compassion among Black mental health therapists. *Journal of Humanistic Counseling*. **(Manuscript submitted August 2025)**

Burt, I., & Young, A. (In review). Remaining culturally responsive despite discriminatory policies impacting school functioning: Guidelines for school counselors. *Journal of Multicultural Counseling and Development*. **(Manuscript submitted July 2025)**

Manuscripts in Preparation to be Submitted for Publication in Refereed Journals

Burt, I. (In preparation). The impact of allostatic load on the neurobiological wellbeing of clients: What counselors should know.

Burt, I. (In preparation). The science of psychedelics for mental health: An interdisciplinary model for the profession.

Burt, I. (In preparation). Increasing resilience in older populations: Flow state as a tool against cognitive and physical decline. **Adultspan**

Burt, I. (In preparation). Utilizing the science behind play to assist clients in increasing wellness. **JCD**

Burt, I. (In preparation). The science of sleep: A counter cultural tool to enhance clients' wellbeing and optimization. **JCD**

Burt, I., (In preparation). Avoiding scientific racism and deficit model thinking with Black males: A call for action to identify strength-based focuses and strategies.

Burt, I. (In preparation). Creatively engaging Black males in community centers through neuroscience and biological principles: The science behind peer mediation.

Burt, I. (In preparation). Connecting the biological with the cultural: Integrating neuroscience-infused strategies with rap therapy. **JCD**

Burt, I. (In preparation). A bulletproof Black man: Luke Cage as a metaphor of strength and resiliency for young Black males.

Burt, I. (In preparation). Gatekeeping vs. money, integrity vs. prosperity in Counselor Education programs, which one wins? An Afrocentric perspective. **CES**

Burt, I. (In preparation) It's time for counselor education to change: It matters when we only train students from a traditional/Eurocentric vs. Multicultural/Afrocentric perspective. **CES**

Burt, I. (In preparation). Increasing wellness with Black males through an Afrocentric worldview: Integrating the science of epigenetics with optimal conceptual theory. **Journal of Black Studies**

Burt, I. (In preparation.) Optimal psychology as a method of understanding counseling Black men through an Afrocentric/Africana perspective. **Journal of Black Studies**

Burt, I. & Gonzalez, T. (In preparation). Bypassing constraints of modern-day training for school counselors post COVID-19: Utilization of a mixed reality/simulation as a social justice paradigm. **Professional School Counseling**

Burt, I. (In preparation). Working with clients to explain billing: Breaking stereotypes and illuminating the process through an Afrocentric/Africana perspective. **JMHC**

Burt, I., & Gonzalez, T. (In preparation). Break dancing as a culturally sensitive movement-based intervention. **JCMH**

Pham, A. V., Russell, A., **Burt, I.**, Casanas, B., Boyanton, M., & Saint-Louis, S. (In preparation). School psychologists as lifelong learners: Essential elements of reflexive practice.

Gonzalez, T., Lopez, A., & **Burt, I.** (In preparation) Using a Mixed Reality Simulation to Train PSC Interns in Classroom Guidance Skills: An Exploratory Study.

Burt, I. (In preparation). Training the trainer: Creating and implementing an approved continuing education system in a counseling program.

Burt, I. (In preparation). Training the trainer: Implementing a CEU provider for helping professional who supervise counselors-in training.

Burt, I. (In preparation). Training the trainer: Implementing a CEU provider program in a counseling program.

Burt, I. (In preparation). Deterring and inhibiting scientific racism and research with young Black males.

Burt, I. (In preparation). Deterring and inhibiting scientific racism in counselor education.

Burt, I. (In preparation). Avoiding scientific racism and deficit model research with Black males: Strategies to identify social determinants through a strength-based focus.

Burt, I. (In preparation). The silent voice of white rage: Systemic racism at its fullest.

Burt, I. Best practices and strategies on navigating the professoriate for BIPOC counselor educators working at a PWI.

Burt, I. Best practices and strategies on navigating the professoriate for counselor educators of color working at a PWI.

Burt, I. (In preparation). Decolonizing mental health: Using flow state to increase and maintain personal optimal experience during COVID-19 and the BLM racial injustice movement.

Burt, I. (In preparation). Decolonizing mental health: Using flow state to increase and maintain personal optimal experience during turbulent times.

Burt, I. (In preparation). Utilizing interactive bystander leadership and counseling principles with STEM faculty to reduce prejudiced behaviors in microaggression-laden university environments.

Burt, I. (In preparation). Developmentally meeting the clients where they are at: Comic books as a metaphor for counseling success.

Burt, I. (In preparation). Wakanda forever! A rites of passages counseling group for Black males.

Burt, I. (In preparation). The missing link: Depression and Diabetes.

Burt, I. (In preparation). Overgeneralized, overrepresented, yet still underrepresented and unrepresented: The plight for Asians dealing with the bamboo ceiling.

Burt, I. (In preparation). Practicing what we preach: Does social justice extend to the classroom?

Burt, I. (In preparation). Can culturally sensitive Humanistic group approaches reduce recidivism in ethnic minorities forced into human trafficking?

Burt, I. (In preparation). Post Natal Depression: Men get it too.

Burt, I. (In preparation). Black Lives Matter: Connecting the dots between ^{3/5} human and Black Lives Matter: A history of struggling for equal footing

Burt, I. (In preparation). Do counselors in training truly understand the message about Black Lives matter and its connection to Black clients?

Burt, I. (In preparation). Social justice competencies: Connecting the dots for students.

Burt, I. (In preparation). Multicultural Social justice Competencies: Bridging the competencies into a multicultural course.

Burt, I. (In preparation). Navigating the professoriate for faculty of color: A qualitative study of faculty.

Burt, I. (In preparation). Relationship decision making for high-achieving women of color: Pros and Cons.

Burt, I. (In preparation). Strengthening behavioral control with adolescents: Implications from a counseling group.

Burt, I. (In preparation). Understanding the power of words through developmentally meeting the client where they are at: The importance of slang in counseling.

Burt, I. Narrative therapy for veterans: Breaking down the walls and stereotypes! (In preparation).

Burt, I. Transforming behavioral limitations into strengths with anger management leadership groups: A paradigm shift for at-risk youth.

Burt, I. A multi-year outcome assessment initiative: A push to increase and improve student learning with career counseling courses in a CACREP accredited counselor education program.

Burt, I. (In preparation). Peer mediation in community centers as a career resource tool to enhance employability in low-socioeconomic neighborhood settings.

Burt, I. (In preparation). Anger management in a middle school setting: Initiating a leadership driven anger management group with youths of color.

Burt, I. (In preparation). Advocating for students: The role of PSC's in school wide positive behavioral programs.

Burt, I. (In preparation). The effect of skin color in counseling: Does it matter?

Burt, I. (In preparation). The only one: The effect of being a person of color in a Caucasian dominated workplace.

Burt, I. (In preparation). Reducing aggression through the development of group self-efficacy and leadership training.

Burt, I. (In preparation). What counselors should know: High stress jobs sometimes equal high stress clients.

Burt, I. (In preparation). Using the Brazilian martial art of Capoeira and breakdancing as a liberatory approach to decolonizing therapy.

Referred Professional Presentations

National and International:

(68). Burt, I., Tosado, L.A. II., & Bonner, M.W. (2025). Creating effective interventions with Black males by integrating the science of epigenetics with counseling theories. Presentation accepted at the *Association for Counselor Education and Supervision Conference* in Philadelphia, PA.

(67). Burt, I. Muratori, M., Newhart, S., Bonner, M.W., Young, A., & Tosado, L.A. II. (2025). Upholding the integrity of a program through gatekeeping: How to navigate conversations with administrators. Presentation accepted at the *Association for Counselor Education and Supervision Conference* in Philadelphia, PA.

(66). Burt, I. & Tosado, L.A. II. (2024). The neuroscience concept of flow state as an existential approach to increase optimal experience. Presentation presented at the *Southern Association for Counselor Education and Supervision Conference* in Dallas, TX.

(65). Burt, I., Cunningham-Abbott, A. Gordon, L., Hyun, J., Simmons-Lee, T., Smith, S., Tosado II, L.A., Varnado-Johnson, C., & Zhou, D.Z. (2023). Going above and beyond: Developing anti-oppressive strategies in counselor education programs. Presentation presented at the *Association for Counselor Education and Supervision Conference* in Denver, CO.

(64). Burt, I., Munoz-Lorenzo, O., Ward-Sutton, C., Tosado II, L.A., Gonzalez, T., & Hunter, T. L. (2023). Real talk on navigating academia from diverse intergenerational perspectives: Not just surviving, but striving and thriving! Presentation presented at the *Association for Counselor Education and Supervision Conference* in Denver, CO.

(63). Burt, I., & Tosado II, L.A. (2023). Cultivating racial equity in a counseling program: Racial affinity groups for beginning counselors. Presentation presented at the *Association for Counselor Education and Supervision Conference* in Denver, CO.

(62). Burt, I., Hines, E.M., Moore, J. L. & Adkison-Johnson, C. (2023). Addressing the Black male experience through solutions in multiple contexts: Clinical, community, and school settings. Presentation presented at the *American Counseling Association Conference* in Toronto, Canada.

(61). Burt, I. (2022). Flow state as an existential tool to increase wellness and optimal experience. Presentation presented at the *Southern Association for Counselor Education and Supervision Conference* in Baltimore, MD.

(60). Burt, I. (2022). Integrating the neuroscience concept of flow state with multiculturalism to increase wellness. Presentation presented at the *Southern Association for Counselor Education and Supervision Conference* in Baltimore, MD.

(59). Burt, I., Brooks, M. & Williams, C. (2022). The Black male experience. Presentation presented at the *American Counseling Association Conference* in Atlanta, GA.

(58). Hines, E., Moore, J.L., Butler, S.K., Shillingford-Butler, A., Smith, V., Appling, B., Robinson, S., **Burt, I.,** & Challenger, C. (2021, October). Males of color and school counseling: Major considerations and best practices. Presentation accepted at the *Association for Counselor Education and Supervision Conference* in Atlanta, GA. **(Was not physically able to present)**

(57). Burt, I. & Gonzalez, T. (2021, April). Using the neuroscience idea of flow state with multiculturalism to increase wellness. Presentation presented at the *American Counseling Association Conference* in Orlando, FL. **(Due to COVID-19 the conference changed to virtual)**

(56). Mitchell, M., **Burt, I.,** Martinez, M., Band, M. (2020, March). Cross-cultural mentoring: A multicultural model for inclusion in the 21st Century. Presentation accepted

at the *American Counseling Association Conference* in San Diego, CA. (**Conference cancelled due to COVID-19**).

(55). Gonzalez, T. & **Burt, I.** (2019, October). The not so wonderful world of Disney: Exploring examples of systemic racism, discrimination and prejudices present in children's films. Presentation presented at the *Association for Counselor Education and Supervision Conference* in Seattle, Washington.

(54). **Burt, I.** & Gonzalez, T. (2019, October). What they did not tell you in your doctoral program: Tenure and promotion strategies for Counselor Education faculty. Presentation presented at the *Association for Counselor Education and Supervision Conference* in Seattle, Washington.

(53). **Burt, I.**, Bowles, S., Armstrong, N., Finan, R., & Shillingford-Butler, A. (2019, March). AMCD town hall meeting: Goals and accomplishments from VPs, Regional Reps, and Task Force Chairs. Presentation at the *American Counseling Association Conference* in New Orleans, LA.

(52). Gonzalez, T., Hyun, J., & **Burt, I.** (2019, March). The advocacy bystander effect: Implications for counseling and counselor education. Presentation at the *American Counseling Association Conference* in New Orleans, LA.

(51). **Burt, I.** (2018, October). Advocate for your academic future: Tenure strategies for Counselor Education faculty. Presentation at the *Southern Association for Counselor Education and Supervision Conference* in Myrtle Beach, SC.

(50). **Burt, I.** (2018, October). Improving counseling services for urban youth: Leadership groups vs. Traditional anger management. Presentation at the *Southern Association for Counselor Education and Supervision Conference* in Myrtle Beach, SC.

(49). Lee-Hughes, K., Hyun, J., **Burt, I.**, & Martinez, M. (2018, April). AMCD Ethnic Vice Presidents: The white papers in action. Presentation at the *American Counseling Association Conference* in Atlanta, GA.

(48). **Burt, I.** (2018, April). The silent truth of post paternal depression: Men suffer it as well. Presentation at the *American Counseling Association Conference* in Atlanta, GA.

(47). **Burt, I.** (2017, October). *How to meet young adult clients where they are developmentally: The importance of utilizing slang*. Presentation at the *Association for Counselor Education and Supervision Conference* in Chicago, Illinois.

(46). **Burt, I.** (2017, October). *Human trafficking in America: A wake-up call to increase counselors' roles and awareness*. Presentation at the *Association for Counselor Education and Supervision Conference* in Chicago, Illinois.

- (45). Elion, A.A., Lee, C.C., Arredondo, P., Chang, C.Y., Huffstead, M., Brooks, M., **Burt, I.**, & Butler, S.K. (March, 2017). *Marginalized in America: The state of the minority community and our role in the counseling profession*. Presentation at the American Counseling Association Conference in San Francisco, CA.
- (44). **Burt, I.** (October, 2016). *Developmentally meeting the client where they are: Understanding the importance of slang*. Presentation at the Southern Association for Counselor Education and Supervision Conference in New Orleans, LA.
- (43). **Burt, I.** (October, 2016). *Understanding human trafficking and its impact on the counseling profession*. Presentation at the Southern Association for Counselor Education and Supervision Conference in New Orleans, LA.
- (42). **Burt, I.** (2015, October). *The relational-cultural model: A framework for group process with first generation Mexican immigrant women*. Presentation at the Association for Counselor Education and Supervision Conference in Philadelphia, PA.
- (41). **Burt, I.** (2015, October). *Being culturally competent with military populations: Using narrative therapy*. Presentation at the Association for Counselor Education and Supervision Conference in Philadelphia, PA.
- (40). **Burt, I.** (2015, October). *Understanding a client's faith-based ideologies through a cognitive behavioral framework: Fusing opposites together*. Presentation presented at the Association for Counselor Education and Supervision Conference in Philadelphia, PA.
- (39). **Burt, I.** & Russell, V.E.D. (2014, October). *Ramifications of the Trayvon Martin case: Multicultural implications for counselors*. Presentation presented at the Southern Association for Counselor Education and Supervision conference in Birmingham, Alabama.
- (38). **Burt, I.** (2013, October). *Anger management leadership groups: A strength-based method for culturally diverse clients*. Presentation at the Association for Counselor Education and Supervision conference in Denver, CO.
- (37). **Burt, I.** (2013, October). *Brazilian martial arts as a strength-based intervention for culturally diverse clients: Clinical Capoeira*. Presentation presented at the Association for Counselor Education and Supervision conference in Denver, CO.
- (36). **Burt, I.** (2013, October). *CBT and the Christian idea of giving it to the Lord: Two sides of the same coin*. Presentation presented at the Association for Counselor Education and Supervision conference in Denver, CO.
- (35). **Burt, I.**, & Gonzalez, T. (2013, March). *Narrative therapy as a culturally sensitive intervention for military veterans*. Presentation presented at the American Counseling Association Conference in Cincinnati, OH.

(34). **Burt, I., & Gonzalez, T.** (2013, March). *A counselor's guide to understanding clients' spirituality and wellness through a cognitive-behavioral framework*. Presentation presented at the American Counseling Association Conference in Cincinnati, OH.

(33). **Burt, I.** (2012, September). *Reducing conflict: Peer mediation as a humanistic social justice intervention*. Presentation presented at the Southern Association for Counselor Education and Supervision in Savannah, GA.

(32). **Burt, I., & Gonzalez, T.** (2012, September). *Therapeutic martial arts with aggressive adolescents: An intervention and prevention method*. Presentation presented at the Virtual Conference on Counseling in Secondlife.com.

(31). **Burt, I., & Gonzalez, T.** (2012, September). *Leadership groups as a culturally sensitive method with Latino and Black youth: A strength-based approach to reduce aggression*. Presentation presented at the Virtual Conference on Counseling in Secondlife.com.

(30). **Burt, I., Lewis, S.V., Madrigal-Rodriguez, A., & Gonzalez, T.** (2012, March). *Social media and educational accomplishment influences on relationship decision making*. Presentation presented at the American Counseling Association Conference in San Francisco, CA.

(29). Patel, S.H., **Burt, I., & Bloomdahl, S.** (2012, March). *Counselor educators' attitudes towards evidence-based practices*. Presentation presented at the American Counseling Association Conference in San Francisco, CA.

(28). **Burt, I., & Lewis, S.V.,** (2012, February). *The Brazilian martial art Capoeira as an early intervention tool for reducing aggression in adolescents*. Presentation presented at the International Society for Research in Adult Development Annual Symposium in Tampa, FL.

(27). **Burt, I., Gonzalez, T., & Lewis, S.V.** (2011, October). *Empowering Counselor Education students struggling with technology: Guidelines and strategies for success*. Presentation presented at the Association for Counselor Education and Supervision in Nashville, TN.

(26). **Burt, I., Lewis, S.V., & Gonzalez, T.** (2011, October). *A two-year assessment to increase student learning and improve program curriculum: Critically analyzing a Counselor Education program through outcome assessment*. Presentation presented at the Association for Counselor Education and Supervision in Nashville, TN.

(25). Dempsey, K., Butler, S.K., Vereen, L., **Burt, I., & Brooks, M.** (2011, October). *Something for the Brothers: Black men coping in counselor education*. Presentation presented at the Association for Counselor Education and Supervision in Nashville, TN.

- (24). **Burt, I.**, Gonzalez, T. & Edwards, N. (2011, September). *Critically analyzing a Counselor Education program through outcome assessment: Increasing student learning and improving program curriculum*. Presentation presented at the Virtual Conference on Counseling in Secondlife.com.
- (23). **Burt, I.**, Edwards, N., & Gonzalez, T. (2011, September). *Addressing the technology gap in Counselor Education: Complications and resolutions*. Presentation presented at the Virtual Conference on Counseling in Secondlife.com.
- (22). **Burt, I.**, & Madrigal-Rodriguez, A. (2011, September). *Critically measuring the integrity of Counselor Education programs through outcome assessment: A multi-year assessment to increase student learning and improve program curriculum*. Presentation presented at the Association for Assessment in Counseling and Education in Fort Worth, TX.
- (21). **Burt, I.**, Butler, S.K., & Lewis, S.V. (2011, March). *Addressing adolescent aggression with a culturally sensitive form of Brazilian martial arts: Capoeira*. Presentation presented at the American Counseling Association Conference in New Orleans, LA.
- (20). **Burt, I.**, Patel, S.H., Gonzalez, T., & Young, T.L. (2011, March). *Redefining anger management with underserved populations: A leadership driven anger management group with Latino youth*. Presentation presented at the American Counseling Association Conference in New Orleans, LA.
- (19). Gonzalez, T., **Burt, I.**, & Edwards, N.N. (2010, March). *Impacting the success of minority youth typically underrepresented in postsecondary education*. Presentation presented at the American Counseling Association Conference in Pittsburg, PA.
- (18). Young, T., Lewis, S.V., & **Burt, I.** (2010, March). *Mindfulness-based cognitive therapy: The third wave of CBT*. Presentation presented at the American Counseling Association Conference in Pittsburg, PA.
- (17). Gonzalez, T., & **Burt, I.** (2010, January). *Addressing the technology gap in counselor education: Identification of characteristics in students that affect learning in college classrooms*. Presentation presented at the National Holmes Scholars Conference in Charleston, SC.
- (16). McCloud, C., Gonzalez, T., **Burt, I.**, Edwards, N., Ngazimbi, E., & Shillingford, A. (2009, October). *Success of culturally underrepresented doctoral student participation in the Holmes Partnership*. Presentation presented at the Association of Counselor Education and Supervision Conference in San Diego, CA.
- (15). Lewis, S.V., Hayes, G., Young, T., **Burt, I.**, Robinson, S., & Ascher, D. (2009, October). *How counselor education doctoral cohorts can advance transformative pedagogy in training counselor educators*. Presentation presented at the Association of

Counselor Education and Supervision Conference in San Diego, CA.

(14). Lewis, S.V., **Burt, I.**, & Young, T. (2009, October). *Ways to expand social respect and relational consciousness of school counselors to be prepared to work with students with special needs*. Presentation presented at the Association of Counselor Education and Supervision Conference in San Diego, CA.

(13). **Burt, I.** (2009, March). *Social and academic effectiveness in anger management groups: Utilizing leadership skills to close the achievement gap*. Presentation presented at the National Holmes Scholars Conference in Jacksonville, FL.

(12). Butler, S.K., Gonzalez, T., & **Burt, I.** (2009, March). *Empowering African-American males: United and looking beyond hope!* Presentation presented at the American Counseling Association Conference in Charlotte, NC.

(11). Ohrt, J., Lambie, G.W., Foster, J., **Burt, I.**, & Cunningham, L. (2009, March). *Supporting minorities in advanced placement courses: Implications for professional school counselors*. Presentation presented at the American Counseling Association Conference in Charlotte, NC.

(10). Young, M.E., **Burt, I.** & Daire, A., (2008, March). *A comparison of marriage education & brief couples counseling in a community counseling clinic*. Presentation presented at the American Counseling Association Conference in Honolulu, Hawaii.

State and local:

(9). **Burt, I.**, Madrigal-Rodriguez, A., & Gonzalez, T. (2011, June). Effective strategies for parents to use with youth who utilize Facebook and other internet social networking sites. Presentation presented at the Presbyterian Church of St. Albans in New York, NY. **(Invited Presentation)**

(8). Edwards, N.N., & **Burt, I.** (2011, February). *Effects of internet dating and Facebook on relationships*. Presentation presented at the Presbyterian Church of St. Albans in New York, NY. **(Invited Presentation)**

(7). **Burt, I.**, Lewis, S.V., Patel, S.H. & Johnson, J.M. (2010, March). *School administrators, teachers and students: Who is accountable for violence prevention in schools?* Presentation presented at the University of Central Florida's 7th Annual Graduate Research Forum in Orlando FL.

(6). **Burt, I.**, (2010, February). *Leadership development through the Agentic Perspective of Social Cognitive Theory: Innovation in Anger Management Groups*. Presentation presented at the University of Central Florida's 2nd Annual Counseling Conference in Orlando, FL.

- (5). **Burt, I.**, Lewis, S.V., Patel, S.H. & Johnson, J.M. (2010, February). *Increasing accountability in school led anger management groups*. Presentation presented at the University of Central Florida's 2nd Annual Counseling Conference in Orlando, FL.
- (4). **Burt, I.**, Lewis, S.V., Patel, S.H., & Johnson, J.M. (2010, February). *Does education limit the selection of romantic partners?* Presentation presented at the University of Central Florida's 2nd Annual Counseling Conference in Orlando, FL.
- (3). **Burt, I.**, Lewis, S.V., Ohrt, J. & Young, T. (2009, April). *Leadership development: A paradigm shift in anger management curricula*. Presentation presented at the 2nd annual University of Central Florida's College of Education (CED) research symposium in Orlando FL.
- (2). **Burt, I.** (1999, August). *Does lead affect the cognitive abilities of children?* Presentation presented at the annual summer research opportunities program (SROP) in Louisville, KY.
- (1). **Burt, I.**, & Burns, B. (1999, July). *Lead and its effects on the analytical abilities of children*. Presentation presented at the University of Louisville's Summer Research Conference in Louisville, KY.

Webinars:

- (10). **Burt, I.**, & Pankey, B. (2024, May 3). Critically analyzing the field of neuroscience and its therapeutic application with Black populations. Presentation presented at the *BrainStormLive: Promoting Neuroscience Research in the Helping Professions Series*.
- (9). **Burt, I.** (2024, April 4). Developing a research agenda through multiple levels: Student, tenure-earning, and tenured. Presentation presented at the *National Association of Holmes Scholars Alumni (NASHA) Professional Seminar Series*.
- (8). **Burt, I.**, Tosado II, L.A., Leigh-Oroosh, K., & Prosser, T., (2023). Facilitating students' journeys through their cultural trepidations: A racial healing group for counselors-in-training. Presentation presented at the *Counselors for Social Justice (CSJ) Counselor Education & Supervision Professional Development Institute*.
- (7). Abbot-Cunningham, A., **Burt, I.**, Hyun, J., Lane, J., Simmons-Lee, T., & Smith, H. (2023). Developing a framework for anti-oppressive student & faculty experiences in counselor education. Presentation presented at the *Counselors for Social Justice (CSJ) Counselor Education & Supervision Professional Development Institute*.
- (6). Yellowhair, J., Hanks, A., Meade, N., White, R., & **Burt, I.** (2019, November). Native 101 (What they did not teach you in your graduate program): Beginning the

journey into becoming competent working with Indigenous people. Webinar presented for the *Association for Multicultural Counseling and Development* (AMCD).

(5). **Burt, I.** (2019, October). Developing a relentless mindset to conquer research and write at your highest level. Webinar presented for the *Association for Multicultural Counseling and Development* (AMCD).

(4). Branco, S., Gonzalez, T., Yellowhair, J., **Burt, I.**, & Martinez, M. (2019, October). Celebrating our indigenous roots with Native American and Latinx concerns. Webinar presented for the *Association for Multicultural Counseling and Development* (AMCD).

(3). **Burt, I.** (2019, May). Advocating on multiple levels: As a professional, an educator, and a person. Webinar presented for the New York State branch of the American Counseling Association (NY-ACA).

(2). Hughes, K.L., **Burt, I.**, Hyun, J.H., & Tosado, L.T. (2017, April). Ethnic Vice Presidents and strategic planning. Webinar presented for the *Association for Multicultural Counseling and Development* (AMCD).

(1). Hughes, K.L., **Burt, I.**, & Ford, D.J. Race Relations in Counseling and Counselor Education: Bridging the gap through cultural advocacy (2017, February). Webinar presented for the *Association for Multicultural Counseling and Development* (AMCD).

Grants, Awards, and Fellowships

Funded Grants

(7). Young, A. & **Burt, I.** (2024). *Achieving College/Career Excellence through Student Success (ACCESS)*-Baltimore City Public School District. Maryland Higher Education Commission, College Preparation Program GEAR UP. Co-Principal Investigator/Co-Program Director. 2024-2025. Total Amount: \$150,000. Awarded.

(6). Pham, A.V., Lazarus, P., Lupas, K., Griffith, S., Pelaez, M., Gonzalez, L., **Burt, I.**, Costa, A., Cumming, M., Perez-Prado, A., & Pontier, R. (2022). *Project CRYSTAL: Culturally Responsive Youth Services in Teaching, Adaptation, and Language*. Office of Special Education (84.325K, Focus Area B), US Department of Education. Co-Principal Investigator. 2022-2027. Total Amount: \$1,000,000. H325K220028. Awarded.

(5). **Burt, I.**, Jefferson, J., Reid, M., Caraballo, A., & Fletcher, T., (2020). *Strong and powerful: Unity and collaboration between HBCUs and HSIs*. Department of Counseling, Recreation, and School Psychology (CRSP) Collaborative Projects on Equity, Diversity, & Social Justice seed grant (Collaboration between the departments of CRSP, Engineering, Psychology, and Public Policy & Administration). Principal Investigator. 2020-2021. \$8,000. Awarded.

(4). **Burt, I.**, Russell, V.D., & Jones, G. (2020). *Making it rain: A therapeutic financial literacy group for Black/African American teenagers*. Department of Counseling,

Recreation, and School Psychology (CRSP) Collaborative Projects on Equity, Diversity, & Social Justice seed grant. Principal Investigator. 2020-2021. \$4,000. Awarded.

(3). Furton, K.G., Rose, S.M., Darici, Y.N., Jung, R., Heithaus, M., & **Burt, I.** (2016). NSF Institutional Transformation Grant. National Science Foundation. Key Personnel. 2016-2021. Total Amount: \$3,202,167. AWD000000006455. Awarded.

(2). **Burt, I.**, & Madrigal-Rodriguez, A. (2012). *Reducing aggression in adolescents through a strength-based group leadership model*. Association for Specialists in Group Work (ASGW) research grant. Principal Investigator. 2012-2013. \$1,000. Awarded.

(1). **Burt, I.**, Patel, S.H., Lewis, S.V., Butler, S.K. & Johnson, J.M. (2010). *Synthesizing leadership training and self-efficacy as change agents in reducing aggression in anger management groups*. Association for Specialists in Group Work (ASGW) research grant. Principal Investigator. 2010-2011. \$500. Awarded.

Funded Fellowships

(2). **Burt, I.** (2023). *Federal Fellowship for Racial Equity*. The Partnership for Public Service. (Awarded fellowship but was unable to participate) **This fellowship allowed for a one course buyout**

(1). **Burt, I.** (2019). *ADVANCE Faculty Fellowship*. National Science Foundation. (2019-2021). **This fellowship allowed for a one course buyout**

Grants and fellowships submitted but not awarded

Burt, I., & Tosado II, L.A. (2022). *Expanding Social Emotional Capabilities through a Therapeutic Financial Literacy Group Utilizing Rap Therapy*. The New York State School Counselor Association (NYSSCA). Principal Investigator. 2022-2023. \$5,000.

Burt, I., Weir-Soley, D., Ali, H., Caraballo, A., Reid, M., Glymph, D., & Spikes, J. (2021). *Transforming and accelerating equity in a university setting: Implementing a multi-departmental initiative to advocate for justice, parity, and systemic change in the academy*. Coalition of Urban Serving Universities (CUSU)/Association of Public and Land-Grant Universities (APLU). Principal Investigator. 2021-2022. (\$20,000/Not awarded)

Ali, H., Weir-Soley, D., **Burt, I.**, Caraballo, A., Reid, M., & Glymph, D., (2020). *Transforming and accelerating equity in a university setting: Implementing a multi-departmental initiative to advocate for justice, parity, and systemic change in the academy*. Mellon Foundation Just Futures Initiative. Co-Principal Investigator. 2020-2021. (\$4,995,000.00/Not awarded)

Burt, I., Pham, A., & Davis, A. (2019). *Reducing conflicts with adolescents in community settings: Peer mediation as a humanistic-based intervention*. Robert Wood

Johnson Foundation's Interdisciplinary Research Leaders grant. Principal Investigator. 2019-2022. (\$323,999.21/Not awarded). **This proposal was a finalist for the award**

Burt, I. & Russell, V.E.D. (2019). *Making Money: A Therapeutic Financial Literacy Group for Black/African American Teenagers*. Association for Specialists in Group Work (ASGW) research grant. Principal Investigator. 2019-2020. (\$1,000/Not awarded).

Burt, I. (2018). Obama Foundation Fellowship. 2018-2019. Not awarded.

Burt, I., (2018). *Increasing graduate students' research and multicultural self-efficacy: A multicultural research opportunity*. Association for Counselor Education and Supervision (ACES) research grant. Principal Investigator. 2018-2019. (\$3,000/not awarded).

Burt, I., & Scanlon, K. (2017). *Culturally sensitive interventions for Black and Latino Youth: A therapeutic martial arts program to reduce anger*. William T. Grant Foundation grant for improving the use of research evidence. Principal Investigator. 2017-2020. (\$100,000/Not awarded)

Burt, I., & Scanlon, K. (2017). *Developing leadership skills with high-risk Black and Latino youth in urban settings*. William T. Grant Foundation grant for reducing inequality. Principal Investigator. 2017-2020. (\$80,000/Not awarded)

Burt, I. (2017). *Identifying survivors of human trafficking in Black, Latino, and immigrant populations: Decreasing social inequality*. William T. Grant Foundation Officer's Research Grant. Principal Investigator. 2017-2018. (\$50,000/Not awarded)

Burt, I. (2017). *Developing leadership skills with multicultural youth struggling with behavioral and academic issues*. Spencer Foundation Small Research Grant. Principal Investigator. 2017-2018. (\$41,769.20/Not awarded)

Grants in preparation

Burt, I., & Kaelin, J. (In preparation). *Turning fighters into writers: Narrative therapy for veterans*. Grant proposal for the Veterans Association. Principal Investigator. (In preparation)

Media Appearances

Burt, I. (2022, March 28). Decolonizing counseling and counselor education: Breaking the systemic hold of traditional methods of therapy and academia that inhibit Black male's ambitions. ACA Member Blogs. <https://www.counseling.org/news/aca-blogs/aca-member-blogs/aca-member-blogs/2022/03/28/traditional-methods-inhibit-black-males>

Burt, I. (2022, February 10). The Black Male Experience Part 2 (No. 24) [Audio podcast episode]. <https://acapodcast.libsyn.com/the-black-male-experience-part-2>

Burt, I. (2021, May 27). Optimizing experiences and performance through flow state (No. 58) [Audio podcast episode]. <https://theoryofchange.libsyn.com/optimizing-experiences-and-performance-through-flow-state>

TEACHING EXPERIENCE

Institution	Course Number and Title	Dates
Johns Hopkins University	ED 863 571.01 Counseling Adolescents	Spring 2024-2025
	ED 863 501: Introduction to Clinical Mental Health Counseling	Fall 2023-2024
University at Buffalo, The State University of New York	CEP 618: Principles of Counseling Practice	Fall 2022
	CEP 658: Group Counseling	Spring 2023
	CEP 644: Counseling Children and Adolescents	Spring 2023
Florida International University (FIU)	MHS 6511: Group Counseling	Fall 2011-2021
	MHS 6020: Foundations of Clinical Mental Health	Fall 2012-2022
	MHS 6802: Personality Theories	Spring 2013-2020
	MHS 5400: Counseling Skills and Techniques	Summer 2013-2020
	SDS 6411: Counseling Children and Adolescents	Summer 2013-2020
	MHS 5350: Educational and Vocational Counseling	Spring 2012 Summer 2012
	MHS 6800: Practicum in Counseling	Summer 2012
Long Island University (LIU)	MHS 6820: Supervised Field Experience in Counseling	Spring 2019
	EDC 601: Introduction to Counseling	Fall 2010 Fall 2010

	EDC 669: Practicum in Counseling	Fall 2010
	EDC 615: Theories of Counseling	Spring 2011
	EDC 676: Career Counseling	Spring 2011
	EDC 702: Research Methods in Counseling	Spring 2011
University of Central Florida (UCF)	MHS 6500: Group Procedures and Theories of Counseling	Spring 2009
	MHS 6803: Practicum in Counselor Education	Spring 2009
	MHS 6401: Techniques of Counseling	Fall 2008
	MHS 6803: Practicum in Counselor Education	Spring 2008
	MHS 6420: Special Populations (Multicultural Counseling; Co-taught)	Summer 2008
	MHS 6803: Practicum in Counselor Education (Co-taught)	Summer 2008

Courses Taught as Teaching Assistant (UCF)

Spring 2010

- MHS 5005 Introduction to Counseling (*This course provides master students with an overview of the philosophy, organization, administration, and roles of counselors in various work settings*)
- MHS 6420 Special Populations (Multicultural Counseling)

Fall 2009

- MHS 5005 Introduction to Counseling

Summer 2009

- MHS 6420 Special Populations (Multicultural Counseling)

Spring 2009

MHS 5005 Introduction to Counseling

Fall 2008

MHS 5005 Introduction to Counseling

Spring 2008

MHS 5005 Introduction to Counseling

Guest Lecturer and Speaking Engagements

Florida International University (FIU) 2nd Annual "In Search of Solidarity: Connecting our Roots" gathering for Black Faculty.

Spring 2019 Keynote speaker
Connecting with one another in solidarity

American Counseling Association (ACA) Annual Conference.

Spring 2017 Opening Ceremony speaker
Native American cultural awareness in counseling

Florida International University.

Spring 2014 Chi Sigma Iota keynote lecturer
Effective leadership in organizational institutions

University of Central Florida.

Spring 2010
MHS 6500 Group Procedures and Theories of Counseling
Utilizing contemporary experiential techniques in anger management groups

Spring 2009
MHS 6401 Techniques of Counseling
Differences in thoughts between males and females and how counselor perception can be encapsulated by gender and culture

Fall 2007
MHS 6420 Special Populations (Multicultural Counseling)
How culture affects perceptions of social justice

University of Louisville.

Spring 2006
 PSY 315 Contemporary Behavioral Therapy
Utilizing martial arts as a prevention intervention with aggressive adolescents

Spring 2006
 ECPY 711 Primary Prevention
Utilizing martial arts as a prevention intervention with aggressive adolescents

Editor, Senior Associate Editor, and Associate Editor Experience

2023-Present Senior Associate Editor, *Journal of Multicultural Counseling and Development* (National and Flagship Journal of the Association for Multicultural Counseling and Development, a division of the American Counseling Association)

2020-2023 Associate Editor, *Journal of Multicultural Counseling and Development* (National and Flagship Journal of the Association for Multicultural Counseling and Development, a division of the American Counseling Association)

2022-2023 Guest Editor, *Journal of Multicultural Counseling and Development* (Addressing the Black male experience through solutions in multiple contexts: Clinical, community, and school settings)

2018-2019 Editor, *Association for Specialists in Group Work* (ASGW) Newsletter

Editorial Board Member

2018-2020 Editorial board member, *Journal of Multicultural Counseling and Development* (Second Term)

2018-2021 Editorial board member, *Journal for Specialists in Group Work* (National and Flagship Journal of the Association for Specialists in Group Work, a division of the American Counseling Association)

2014-2017 Editorial board member, *Journal of Multicultural Counseling and Development* (First Term)

Ad-hoc reviewer experience

2009	Ad-Hoc Reviewer, <i>Journal of Social and Personal Relationships</i>
2008	Ad-Hoc Reviewer, <i>The Clinical Supervisor</i>
2008	Ad-Hoc Reviewer, <i>Urban Studies</i>

Conference Reviewer Experience

2012-Present	Reviewer for American Counseling Association (ACA) annual conference
2012	Reviewer for Association for Assessment in Counseling and Education (AACE) annual conference

Organizational Service and Leadership Positions

National Level:

2024-2028	Appointed member of the Council for the Accreditation for Counseling and Related Educational Programs/CACREP (the national accrediting body of counseling) Anti-racism and Anti-oppression Advisory Council
2024-2025	Co-chair, advocacy committee, Association for Counselor Education and Supervision (ACES)
2024-2025	Public Policy Chair, Association for Multicultural Counseling and Development (AMCD)
2023-2024	Appointed member of the Council for the Accreditation for Counseling and Related Educational Programs/CACREP (the national accrediting body of counseling) <i>inaugural</i> Anti-racism and Anti-oppression Advisory Council
2023	Co-chair, research subcommittee, Association for Counselor Education and Supervision (ACES) advocacy committee
2022-2023	Co-chair, advocacy subcommittee for retention, Association for Counselor Education and Supervision (ACES)
2022	Invited think tank participant for Leveraging, Enhancing and Developing Biology (LED-BIO): Scientific Societies Shedding Light on Persistent Cultural Challenges (National Science Foundation/NSF grant funded)

2021-2022	Chair for ACA 2021-2022 Black Male Experience Task Force Committee
2019-2021	Advisory Board member for ACA-endorsed Council of State Governments (CSG) to develop an occupational licensure compact (National licensure)
2014-2020	President/Vice President for Native American Concerns Group for the Association for Multicultural Counseling and Development (AMCD)
2018-2019	Chair of the evaluations committee for the 1 st Annual Association for Multicultural Counseling and Development (AMCD) Multicultural Summit
2018-2019	Co-chair of the registration committee for the 1 st Annual Association for Multicultural Counseling and Development (AMCD) Multicultural Summit
2018-2019	Member of the Communication Committee for the Association for Specialists in Group Work (ASGW)
2017-2019	Member of the 1 st Annual Association for Multicultural Counseling and Development (AMCD) Multicultural Summit
2018-2019	Member of the Association for Multicultural Counseling and Development (AMCD) Finance Committee
2014-2020	Member of the executive council for the Association for Multicultural Counseling and Development (AMCD)
2013-2014	Member of the membership committee for the Association for Multicultural Counseling and Development (AMCD)
2013-2014	Member of the mentoring committee for the Association for Multicultural Counseling and Development (AMCD)
2012-2014	Chair of the strategic planning committee for the Association for Multicultural Counseling and Development (AMCD)
2010	Coordinator for Association for Multicultural Counseling and Development's (AMCD) exhibit hall booth and presidential suite at the American Counseling Association (ACA) Conference

2007 - 2009 Association for Multicultural Counseling and Development's (AMCD) booth representative at the American Counseling Association (ACA) Conference

Regional Level:

2007 Southeast region representative for the Holmes Scholars program, University of Central Florida

University Level:

2021-2022 Faculty Senator, Faculty Senate of Florida International University (FIU)

2020-2022 Director, Black Faculty Association (BFA) of FIU

2020-2022 Associate Director, Office to Advance, Women, Equity, and Diversity (AWED), FIU

2020-2022 FIU ADVANCE STRIDE Co-Chair

2020-2022 Member of FIU's Diversity, Inclusion, and Equity (DEI) Council

2021 Chair of FIU's DEI Education Sub-Committee on professional and personal development

2020-2021 Committee member of FIU's Next Horizon 2025 Strategic Plan: Create university culture to support interdisciplinary collaboration

2020-2021 Committee member of FIU's Next Horizon 2025 Strategic Plan: Faculty support for large team grants and industry collaboration

2020-2021 Chair of FIU's DEI Education Committee

2019-2022 Office to Advance Women, Equity, and Diversity (AWED) ADVANCE Faculty Fellow, FIU

2019-2020 Senator for United Faculty of Florida-FIU Chapter

2018-2022 Member of strategies and tactics for recruiting to increase diversity and excellence (STRIDE) committee, Florida International University

2018-2022 Member of Bystander committee (Committee to familiarize faculty with concepts such as bias, power and privilege, intersectionality, and oppression), Florida International University

College Level:

2024-Present Vice-Chair, Department of Counseling and Educational Studies, Johns Hopkins University

2024-2025 Chair for new faculty search, Lecturer of Counselor Education, Johns Hopkins University

2023-2024 Committee member for Curriculum Policy Committee, Johns Hopkins University

2022-2023 Committee member for new faculty search, Assistant Professor of Counseling Psychology, University at Buffalo

2021-2022 Committee member for new faculty search, Assistant/Associate/Full Professor of Counselor Education, Florida International University

2021-2022 Committee member for new faculty search, Assistant/Associate/Full Professor of Counselor Education, Florida International University

2019-2021 Chair of the Diversity and Inclusion Committee, Department of Counseling, Recreation, and School Psychology

2019-2020 Committee member for new faculty search, Assistant Professor of Higher Education, Florida International University

2017 Committee member for new faculty search, Instructor of Recreational Therapy, Florida International University

2016-2017 Chair for new faculty search, Assistant/Associate Clinical Professor of Counselor Education, Florida International University

2014-2017 Committee member for Graduate Policies committee, Florida International University

2014-2015 Committee member for new faculty search, Assistant/Associate Professor of Recreational Therapy, Florida International University

2014-2015 Committee member for new faculty search, On-line Instructor, Recreational Therapy, Florida International University

2014-2015	Chair for new faculty search, Assistant/Associate Professor of Counselor Education, Florida International University
2013-2014	Chair for new faculty search, Assistant/Associate Professor of Counselor Education, Florida International University
2012-2013	Co-chair for new faculty search, Assistant/Associate Professor of Counselor Education, Florida International University
2012-2014	Committee member for Technology committee, Florida International University
2011-2012	Committee member for new faculty search, Assistant/Associate Professor of research, Florida International University
2011-2012	Committee member for new faculty search, Associate/Full Professor of research, Florida International University
2011-2013	Committee member for Adjunct Faculty committee, Florida International University
2011-2012	Committee member for TaskStream taskforce group committee, Florida International University
2011	Chair of Outcomes Assessment committee, Long Island University
2011	Committee member for New Faculty Search committee, Long Island University
2010-2011	Committee member for Outcomes Assessment committee, Long Island University

Program Level:

2023-Present	Faculty lead for Counseling Adolescents class, Johns Hopkins University
2023-Present	Faculty lead for Introduction to Clinical Mental Health class, Johns Hopkins University
2023-2024	Chair for Curriculum Policy Committee, Johns Hopkins University, Counselor Education program
2021-2022	Program Coordinator, Clinical Mental Health Track, Counselor Education, Florida International University

2021-2022	Chi Sigma Iota Faculty Co-Adviser, Florida International University
2018-2019	Chi Sigma Iota Faculty Adviser, Florida International University
2015-2017	Co-program leader (shared responsibilities with other faculty members) of the Counselor Education Program, Florida International University
2014-2017	IRCEP Liaison, Counselor Education, Florida International University
2014-2017	CACREP Liaison, Counselor Education, Florida International University
2011-2012	Committee member for Council for Accreditation of Counseling and Related Educational Programs (CACREP) committee, Florida International University
2010-2011	Chi Sigma Iota Faculty Adviser, Long Island University
2010-2011	Committee member for Counselor Preparation Comprehensive Exam (CPCE) committee, Long Island University
2010-2011	Committee member for Council for Accreditation of Counseling and Related Educational Programs (CACREP) committee, Long Island University
2008 - 2010	Treasurer for Counselor Education Doctoral Student Organization (CEDSO), University of Central Florida
2008-2010	Committee chair for CEDSO's professional development workshops
2007	University of Central Florida's both representative at the American Counseling Association (ACA) Conference
2005	Treasurer for the Graduate Student Association (GSA), University of Louisville
2005	Director of GSA proposal workshops, University of Louisville
2005	Committee chair for GSA professional grant writing series, University of Louisville

2004-2006	GSA board member for college program accreditation, University of Louisville
2004	Mental Health Counseling departmental representative for GSA, University of Louisville

Community Service

2017-2018	Collaborated with Glory House to implement a trauma therapy group for survivors of human trafficking
2017-2018	Collaborated with Christ Journey Church to implement a humanistic therapy group for survivors of human trafficking
2017-2020	Worked with All-Stars program in three different middle schools to implement a therapeutic martial arts group for multicultural youth (Norland Middle School, Thomas Jefferson Middle School, and Carol City Middle School)
2013-2016	Faculty Sponsor for FIU Muay Thai Club
2013-2014	Faculty Sponsor for ACA Student Ethics Competition (FIU)
2012-2018	Faculty Sponsor for FIU Capoeira Club
2012-2013	Faculty Sponsor for ACA Student Ethics Competition (FIU)
2011-2022	Member of FIU Counselor Education Community Advisory Board
2009- 2010	College advisor and mentor for minority youth of color, Orlando, Florida
2007 – 2010	Academic tutor for at-risk middle school students, Orlando, Florida
2006-2007	Group director for minority youth program, Louisville, KY.
2003-2004	Martial arts instructor for low socio-economic status youth at risk, Louisville, KY.

Graduate and Doctoral Advising and Mentoring

Dissertation Committees

Student Name	Major/Degree	Role	Status
Arthur Scavella	Educational	Committee	Graduated

	Leadership	Member	(Spring 2018)
Jonathan B. Abdullah	Adult Education & Human Resources Development	Committee Member	Graduated (Spring 2019)
Jacqueline Moses	Clinical Psychology	Committee Member	Graduated (Spring 2021)
Brianna Pankey	Cognitive Neuroscience	Committee Member	Graduated (Fall 2021)
Brittany Boyd	Developmental Psychology	Committee Member	Graduated (Summer 2022)

Student Advisee Recognition

Student Name	Major/Degree	Award	Dates
Krystle Whitten	Counselor Education, MS	Mark Blum Memorial Scholarship	2014
	Counselor Education, MS	Christine and Robert Grosse Educational Scholarship	2014

Graduate Mentoring (Master's Level)

Mentor for Counselor Education Master students applying for doctoral programs

Student Name	Degree/University applied	Role	Status of Application
Daniel Balva (2017)	Counseling Psychology, Ph.D. University of Georgia	Mentor	Graduated
Krystle Whitten (2016)	Counselor Education, Ph.D. Texas A & M University	Mentor	Accepted but did not complete
Roberto Abreu (2013)	Counseling Psychology, Ph.D. University of Kentucky	Mentor	Graduated
Angel Lopez (2013)	Clinical Psychology, Ph.D. Carlos Albizu University	Mentor	Accepted but declined offer

Professional Memberships and Affiliation

American Counseling Association
Association for Counselor Education and Supervision
Association for Multicultural Counseling and Development
Association for Specialists in Group Work
Military and Government Counseling Association
International Counseling Interest Network
Association for Humanistic Counseling
Chi Sigma Iota
Southern Association for Counselor Education and Supervision
The Holmes Partnership

Awards and Recognition

Recipient of the National Association of School Psychologists 2022 article of the year honorable mention (2023)
Recipient of Federal Fellowship for Racial Equity (2022)
Recipient of FIU's President's Access and Equity Award (2020)
Member of the FIU Presidential Leadership Program (2020)
Recipient of the ADVANCE Faculty Fellow (2019-2022)
Recipient of the Association for Specialists in Group Work's (ASGW) 2018 Research Article of the year award
Recipient of the 2022 Textbook & Academic Authors Association Most Promising New Textbook Award
Recipient of Association for Multiculturalism and Diversity (AMCD) outstanding service award, 2017
Recipient of Association for Multiculturalism and Diversity (AMCD) outstanding service award, 2016
Faculty member of program that won NBCC's Professional Identity Award (2014)
Member of Chi Sigma Iota (Honors society in counseling)
Recipient of UCF Fellows Award
Member of Golden Key (A national honors society)
Member of the Dean's List
Member of Phi Chi (The honors society in psychology)
Graduation with college honors (cum laude as an undergraduate)
Graduated with distinction
Member of Phi Alpha Alpha (Honor Society in Public Administration)
Received Dean's Citation for outstanding academic achievement
Graduated in top two percentile of class in graduate program
Recipient of Kentucky Scholars Financial Award scholarship
Recipient of Summer Research Opportunity Program (SROP)
Recipient of graduate scholarship awarded to outstanding achievers in academia (John Heldman Memorial Scholarship)
Recipient of graduate scholarship awarded to outstanding achievers in academia (Eleanor Young Love Scholarship)

Recipient of five graduate assistantships

Awarded the Dean's fellowship as a doctoral student

Awarded College of Education (CED) monetary prize for research presentation

Awarded the Minority Scholars Assistantship for high academic achievement

University of Central Florida's Holmes Scholar

Awarded certificate of excellence for research study by the University of Central Florida

Recipient of Merit Research Award at Florida International University

Professional (Clinical Mental Health) Experience

University of Central Florida
Orlando, Florida

August 2007 – August 2010

Community Clinic Experience

- Clinical supervisor of master students focusing in school, mental health and marriage/family counseling in a community clinic
- Provided group and individual therapy in community clinics
- Provided group therapy for minority adolescents in schools
- Reviewed case notes
- Supervised master level graduate students' treatment plans and counseling techniques
- Provided consultation and suggestions to master students in order to maximize the benefits of counseling
- Provided direct real-time supervision to master students via bug in the ear technology

Peace Education Program
Louisville, KY.

July 2006- July 2007

School and Community Psycho-Educational Trainer

- Facilitated anger management groups in school and community settings
- Primary researcher on behaviorally based mentoring program for minority male youths
- Facilitated psycho-educational groups aimed at prejudice reduction in schools and community centers
- Facilitated psycho-educational groups focusing on diversity training in schools and community centers
- Facilitated workshops on non-violent conflict resolution methods in schools and community centers
- Trained students as peer mediators within the school system
- Provided professional development seminars for school and community center employees
- Served as a consultant with local school districts in order to

- maintain collaborative relationships between community centers
- Served as a recruiter for schools to be involved in community outreach programs
- Recruited students to become involved in school and community conflict resolution groups
- Established community partnerships in order to increase cultural competence and relationships within and across organizations
- Worked directly with educators to implement systemic practices in order to create safe and equitable schools

Seven Counties Inc.
(Waller-Williams Environmental Behavioral School)
Louisville, KY.

May 2003-June 2006

Mental Health Counselor

- Provided off-site and in-school outpatient therapy
- Provided direct therapy through a variety of modalities including individual, group, and family counseling
- Taught problem solving-skills, behavior strategies and normalization in a behaviorally-based school setting
- Provided on-going assessment/feedback regarding client's progress toward treatment goals, as well as problems and needs in a school setting
- Assisted child with normalization and socialization in order to encourage community and school assimilation
- Taught family and child behavior management techniques and basic life skills
- Provided intensive in-home mental health support services
 - Developed treatment plans in coordination with senior therapist
 - Developed culturally sensitive treatment groups to use with minority and marginalized youth
 - Maintained accurate and confidential documentation of counseling services administered to clients through treatment notes and organizational service forms
 - Attended and participated in organizational staff meetings, case reviews and treatment planning sessions
 - Provided information related to therapy and modality issues and how current or proposed plans affect client recovery and progress
 - Provided consultation regarding case treatments with client family members, school personnel, and other health care professionals to provide better understanding of clients' progression
 - Developed treatments based upon assigned population groups' and individual client's needs
 - Assisted clients with out-of-agency contacts including those with physicians, hospitals, courts of law, schools, and family members
 - Performed clinical services, including intakes and therapeutic interventions such as crisis intervention

- Maintained caseload of 10-15 clients, seen on a weekly basis

Bellewood Presbyterian Behavioral School for Children
Louisville, KY.

May 2002-April 2003

Social Service Program Experience

- Provided counseling/mental therapy to at-risk youths
- Evaluated youths in a mental/treatment facility and provided information for legal purposes in court
- Analyzed data on youth and prepared reports to be reviewed by state and governing bodies
- Designed activity programs for behaviorally troubled young adults
- Conducted safety inspections in a youth mental/treatment facility to insure location was in accordance with state regulations
- Assisted in developing policies/procedures that insured safety and maximized the therapeutic environment
- Maintained documentation of medical dispensation
- Supervised/coordinated recreation, chores, and daily tasks for youths in a mental/treatment facility