

Brenda Dorsch, Ph.D., LCPC, NCC

Maryland License
Private Practice
Email

Licensed Clinical Professional Counselor
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LC3573 – 1/31/24
7/28/2010 – orig date
410-303-5662

Education

Loyola University Maryland, Baltimore, Maryland
Ph. D. Counselor Education and Supervision May 2015
MS, Pastoral Counseling – May 2008

McDaniel College, Westminster, Maryland (formerly Western Maryland College)
BA, Communication, English & Journalism – May 1993

Counseling
Experience

Private Practice – Life Journey Counseling, LLC – September 2011 – Present
Clients of all ages: individual and family counseling. Specializing in LGBTQ+ (focus on gender expansive care), substance abuse, ADHD, adjustment & mood disorders. Consultation/Supervision

Hearts and Ears (LGBTQ Mental Health Drop-in Center)

Baltimore, MD – January 2014 - Present

Pro Bono Counselor for members, especially trans* and gender non-conforming persons

Epoch Counseling Center

Substance Abuse Counselor – 7/2010 – 11/2015

Catonsville Office Adolescent and Co-Ed Groups/Individuals including Co-occurring

Lansdowne Office (until 8/2012) – Adolescent and Co-Ed OP/IOP Groups/Individuals

Substance Abuse Counselor, Intern – 9/2007 – 5/2008

Catonsville Office – Adolescent and Adult Individuals

Essex Office – Adolescent Intensive Outpatient Group and Women’s Group

Gay and Lesbian Community Center of Baltimore (GLCCB)

Pro Bono Counselor – 8/2009 – 2/2010 – Transgender clients at beginning of transition

Villa Maria - Child and Family Services

Mental Health Consultant – 1/2008 – 7/2010

Herring Run Head Start – Children 3-5 years old and their families

Records Clerk, Part Time – 10/2006 – 12/2007 – Fallstaff Behavioral Health Clinic (BHC)

Outpatient Therapist, Intern – 9/2006 – 5/2007 – Fallstaff (BHC) – ages 4 – 12 and their families

In-home outreach counseling and in-school coordination and counseling

Teaching

Johns Hopkins University – Clinical Mental Health Counseling (School of Education)

Counseling Techniques - Fall 2022 & Spring 2023

Introduction to Clinical Mental Health Counseling - Fall 2022

Diagnosis in Counseling – Spring 2023

Faculty Advisor – Spirituality and Mindfulness in Counseling Student Group

Loyola University Maryland – Pastoral Counseling Department

Clinical Case Supervision I & II (First Year Internship Class) – 2015-2019

Clinical Case Supervision III/IV (Second Year Internship) 2017-2018

Supervision

Epoch Counseling Center

Clinical Supervision with LGPC counselors

Assist in supervising interns who co-lead my groups

Board of Professional Counselors and Therapists – Approved LCPC Supervisor – 2012

Loyola University Maryland – Pastoral Counseling Department

Supervised four first-year MS Clinical Internship Students – 9/2009 – 5/2010 - class participant

Affiliations

American Counseling Association (ACA)
ACES (North Atlantic), ASERVIC, SAIGE
Maryland Counseling Association (MCA) – MACES, MAMHC, MASERVIC, SAIGE-MD
SAIGE-MD – President, Board of Directors
FreeState Justice – Board of Directors & Events Committee Chair
MD LGBT Chamber of Commerce
National Board of Certified Counselors (NBCC) – in process
Pro Bono Counseling of Maryland
The Global Directory of Who's Who
World Professional Association of Transgender Health (WPATH)

Presentations

“LGBTQ+ Families: Similarities and Differences” (Proposal working title) – **MCA Fall Conference**
– Waiting on Acceptance – Coppin State University - September 29-30, 2023
“Counseling LGBTQ+ Clients: What Supportive Professionals Need to Know” – **Allegany College of Maryland**, Cumberland, MD – May 5, 2023
“Elder Care: Interesting Dynamics About This Part of the Journey”
SAIGE-MD State Conference – Columbia, MD – May 14, 2022
“Exploring Spirituality and Transgender Experiences in Sessions: through drumming and storytelling” - **SAIGE-MD State Conference – Virtual Conference** – November 14, 2020
“Writing Letters for Gender Affirmation” – **SAIGE-MD Virtual Conference** – November 14, 2020
“Gender Identity: What Clinicians Need to Know” – Guest Presenter - **Chesapeake Mental Health Collaborative** - Towson, MD – April 5, 2019 & November 20, 2020
“Gender Identity: What clinicians need to know” – Guest Speaker for Diversity Class
Loyola University Maryland, Pastoral Counseling Department
April 18, 2013; Dec 5, 2013; March 20, 2014; June 18, 2014; October 29, 2014; March 12, 2015
“Transgender Patients: What healthcare workers need to know” – **Bon Secours Hospital** Clinical Department Lunch Presentation – Dec 8, 2015
“Trans Women, Spiritual Resilience and the Serenity Prayer: A Culturally Nuanced Understanding”
Poster Presentation – **ACES 2015 National Conference** – Philadelphia, PA – Oct. 10, 2015
“Co-occurring Disorders” - **Hearts & Ears** – May 2, 2014
“Trauma Symposium: Veterans and Transgender Individuals” Presented with Hearts & Ears – **On Our Own Conference** – April 29, 2014
“Counseling transsexual women: Understanding interventions and implications from a spiritual/religious perspective” **Emerging Scholars Posster** – **Loyola** – April 25, 2014
“Spirituality in Counselor Education: Helping Students Make Meaning for Themselves and their Clients” Roundtable – **ACES 2013 National Conference** – Denver, CO – Oct. 19, 2013
“Counseling and the Male to Female Transsexual: Affirming Spiritual Diversity and Resilience”
Poster presentation – **ACES 2013 National Conference** – Denver, CO – Oct. 18, 2013
“Training Counselors to Serve Religious LGBTQI Clients: Taking Action to Promote Resilience”
Presented at the **SACES 2012 Southern Region Conference** – September 28, 2012
“Food for Thought; Exploring LGBT issues in counseling” (90-minute lunchtime seminar)
Loyola University Maryland – October 11, 2011

Publications

“Transgender and Gender Identity” – 2012 Encyclopedia of Psychology and Religion
SpringerReference.com

Research

Dissertation Research: “Spiritual Resilience and Transgender Women: The relationship of spirituality and religion on the gender transition journey”

Spirituality & Sexuality Research Team - Loyola University Maryland

Honor Society/Awards

Alpha Sigma Nu – National Jesuit Honor Society – Inducted 2015

References

Dr. Ralph Piedmont
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Dr. Lawrence LeNoir
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