

## CURRICULUM VITAE

### YIYING XIONG, Ph.D., NCC

Johns Hopkins University  
School of Education  
2800 N Charles Street  
Baltimore, MD, 21218

Cell Phone: 318-497-5023  
Email: [yxiong@jhu.edu](mailto:yxiong@jhu.edu)

---

#### EDUCATION BACKGROUND

---

**Ph.D.**, Counselor Education and Supervision, Ohio University

**(CACREP Accredited Program)**, Athens, OH, U.S. 2018

- Dissertation: *An exploration of Asian international students' mental health: Comparisons to American students and other international students in the United States*

**Visiting Scholar**, Mental Health Counseling, Louisiana Tech University

**(CACREP Accredited Program)**, Ruston, LA, U.S. 2013-2014

**M.Ed.**, Applied Psychology, Minnan Normal University

Zhangzhou, Fujian, China 2014

- Thesis: *The relationship of interpersonal self-supporting, attachment style and family environment of junior school students and the study of the intervention.*

**B.A.**, Insurance, Southwestern University of Finance and Economy

Chengdu, Sichuan, China 2011

---

#### CERTIFICATE AND LICENSURE

---

National Certified Counselor 2018-current

No. 957539

Licensed Graduate Professional Counselor MD.....2019-current

No. LGP9981

Meditation Teacher Certificate (Complimentary Therapists Accredited Association) 2019-current

No. 10662322

National Senior Clinical Mental Health Counselor of Peoples' Republic of China.....2012

No. 123000008200508

---

#### EMPLOYMENT

---

#### ACADEMIC POSITIONS

2023-Present **Associate Professor**, Counseling Program (CACREP), School of Education,  
John Hopkins University

2018-2023 **Assistant Professor**, Counseling Program (CACREP), School of Education, John Hopkins University

2017-2018 **Lecturer**, Department of Counselor Education and Human Services (CACREP), Kutztown University

2015-2017 **Co-Instructor**, Department of Counseling and Higher Education, Ohio University,

2016-2017 **Instructor on the record**, Department of Counseling and Higher Education, Ohio University

2011-2012 **Graduate Teaching Assistant**, Department of Applied Psychology, Minnan Normal University

## **COUNSELING**

2016-2018 **Virtual Counselor**, Jiandan Xinli (Simple Psychology), China

2016-2017 **Clinical Mental Health Counselor Intern**, Counseling & Psychological Services at Ohio University

2011-2013 **Clinical Mental Health Counselor (paid)**, Counseling Center of Minnan Normal University, Zhangzhou, Fujian, China

2012-2013 **School Counselor Intern (full time, 300 hours)**, Guhu middle school, Zhangzhou, Fujian, China

2012-2013 **Clinical Mental Health Counseling Intern (full time, 600 hours)**, Xianyue mental health hospital, Xiamen, Fujian, China

2008-2009 **Student Psychological Counseling Assistant (part-time, volunteer)**, Counseling Center of Southwestern University of Finance and Economy, Sichuan, China

## **CLINICAL SUPERVISION**

- Provided semester long clinical supervision for 6 master counseling trainees, the Johns Hopkins University, Spring 2019
  - With emphasis on Clinical Mental Health
- Provided semester long clinical supervision for 6 master counseling trainees, the Kutztown University of Pennsylvania, Spring 2018
  - With emphasis on Clinical Mental Health
- Provided semester long clinical supervision for 6 second-year master's level counseling trainees, Ohio University, Fall 2015
  - With emphasis on Clinical Mental Health and group counseling

- Provided semester long clinical supervision for 15 first-year master's level counseling trainees, Ohio University, Spring 2015
  - With emphases on Clinical Mental Health counseling
- Provide semester long clinical supervision for 3 first-year master's level counseling trainees, Ohio University, Fall 2014
  - With emphasis on Clinical Mental Health and Individual Counseling

---

## PUBLICATIONS

---

### **Published or In Press**

**Refereed Articles** [IF=2020 Impacting factor, CiteScore was from scopus.com, names with \* are current or previous students]

- 21. Xiong, Y.,** Fox, S.\*, Asempapa, B., &Jiang, J., & Huang, R.\* (2023). Instructors' Experience of Teaching Group Counseling Courses Online During the COVID-19 Pandemic. *The Journal of Specialists in Group Work*, 1-25.  
<https://doi.org/10.1080/01933922.2023.2246516>
20. Zhu, P., Liu, Y., & **Xiong, Y.** (2023). Examining a Cohesion-Focused Model in Experiential Growth Groups: A Single Case Research Design. *The Journal for Specialists in Group Work*, 1-22. <https://doi.org/10.1080/01933922.2023.2248635>
19. Tang, H. Y., Snow, K., & **Xiong, Y.** (2023). A campus and community supports for Asian university students amid the COVID-19 pandemic. *Journal of American College Health*, 1-9. <https://doi.org/10.1080/07448481.2023.2239365>
18. Tang, H., **Xiong, Y.**, & Snow, K., (2023). Discrimination experienced among Asian/Asian American students amid the COVID-19 pandemic,1-8. *Journal of American College Health*. DOI: 10.1080/07448481.2023.2225631
17. Zhang, Q.\*, **Xiong, Y.**, Prasath, P., Byun, S. (2023). The relationship between international students' perceived discrimination and overall health: Indirect associations through positive emotions and perceived social support, 14(1). *Journal of International Students*. DOI: <https://doi.org/10.32674/jis.v14i1.5368>
- 16. Xiong, Y.,** & Young, A. (2023). International counseling student leadership development framework: Exploration acculturation systemic expansion (EASE). *Journal of Asian Pacific Counseling*, 13(1),1-14. DOI : <http://doi.org/10.18401/2023.13.1.1>
15. Prasath, P., **Xiong, Y.**, & Zhang, Q.\* (2023). A Practical Guide to Planning, Implementing and Evaluating the Mindfulness-Based Well-being Group for International Students (MBWIS). *Journal of Humanistic Counseling*.

- 14. Xiong, Y.,** Prasath, P. R., Zhang, Q.\*, Jeon, L. & Pillay, Y. (2023). A Phenomenological Study of Group Facilitators' Experiences: A Mindfulness-Based Wellbeing Group for International Students during the COVID-19 Pandemic. *Journal for Specialists in Group Work*, 48(1),32-56. <https://doi.org/10.1080/01933922.2022.2158971>
13. Prasath, P. R., **Xiong, Y.,** Zhang, Q.\*, & Jeon, L. (2022). Self-Efficacy Development of Graduate Student Leaders in Facilitating Groups for International Students. *International Journal of Group Psychotherapy*, DOI: 10.1080/00207284.2022.2107529 [IF=0.645, CiteScore=1.2]
- 12. Xiong, Y.,** Asempapa, B., Huang, R.\*, Jiang, J.\*, & Fox, S.\* (2022). Online teaching self-efficacy of group counseling instructors during the COVID-19 pandemic. *International Journal of Group Psychotherapy*.72 (3),1-29. <https://doi.org/10.1080/00207284.2022.2081169> [IF=0.645, CiteScore=1.2]
11. Prasath, P. R., **Xiong, Y.,** Zhang, Q.\*, & Jeon, L. (2022). Psychological capital, well-being, and distress of international students. *International Journal for the Advancement of Counselling*. <https://doi.org/10.1007/s10447-022-09473-1> [IF=1.04, CiteScore=1.3]
- 10. Xiong, Y.,** Prasath, P. R., Zhang, Q.\*, & Jeon, L. (2022). International students' perceived discrimination and psychological distress during the COVID-19 pandemic, *Journal of American College Health*, DOI: 10.1080/07448481.2022.2059376 [IF=3.551; CiteScore=2.8]
- 9. Xiong, Y.,** Prasath, P. R., Zhang, Q.\*, & Jeon, L. (2022). A Mindfulness-Based wellbeing group for international students: A pilot study. *Journal of Counseling and Development*.100 (2), 1-12. [IF=2.063; CiteScore=3.1]
- Flagship journal of counseling profession; American Counseling Association Journal
- 8. Xiong, Y.,** & Pillay, Y. (2022). A national study of the mental health status of Asian international students in the United States. *Journal of Multicultural Counseling and Development*, 1-10. <https://doi.org/10.1002/jmcd.12238> [IF=1.294; CiteScore=2.3]
- American Counseling Association Journal
- 7. Xiong, Y.,** Bonner, M., Travis, S., Xing, F.\*, & Zhang, Q.\* (2021). International Counseling Students' Practicum Experience in a Counseling Program in the United States: A Phenomenological Study. *Journal of International Students*, 12(3). <https://doi.org/10.32674/jis.v12i3.3444> [CiteScore=1.8; Ranking: # 10 Higher Education]
- 6. Xiong, Y.,** & Lu, H. (2021). Group Counseling Courses in CACREP-accredited Programs: A National Survey. *Journal of Counselor Preparation and Supervision*, 14(4). Retrieved from <https://digitalcommons.sacredheart.edu/jcps/vol14/iss4/11>

- Official Journal of the North Atlantic Regional Association for Counselors and Supervisors

**5. Xiong, Y.,** Young, A., Tan, H.\*, & Wu, S.\* (2021). An exploration of international counseling students' experience of leadership and advocacy. *Journal of Asian Pacific Counseling*, 11(1). 35-54.

- Official Journal of Korean Counseling Association.

**4. Xiong, Y., & Yang, L.** (2020). Asian international students' help-seeking behavior and intentions in American postsecondary institutions. *International Journal of Intercultural Relations*, 80 (2021),170-185. [IF=2.667; CiteScore=3.6]

**3. Xiong, Y., & Zhou, Y.** (2018). Describing East Asian Graduate Students' Socio-cultural and Psychological Adjustment in a U.S. Midwestern University. *Journal of International Students*, 8(2), 769-794. [CiteScore=1.8; Ranking: # 10 Higher Education]

**2. Xiong, Y., & Zeng, T.** (2014). The Research on effect that the left-behind experience has on the self-supporting personality of parent-absent middle school students. *Chinese Journal of School Health*, 35(03), 447-449.

**1Xiong, Y.,** Lin, J., & Zeng, T. (2013). The research on self-supporting personality and its relations with attachment of floating students. *The Professional Journal of Minnan Normal University*, 3, 127-132.

### ***Book Chapter***

1 Bay, S.Y., **Xiong, Y.,** & Goodrich, K. (2023). Research in Group Processing. In Choudhuri, D.D., & McCarthy, C. (Eds.), *Fundamentals of Group Process Observation*. Taylor and Francis.

### ***Non-Refereed Articles***

**1 Xiong, Y.** (2012). The influence of the different guardianship on the left-behind children. *Chinese Times*,1, 34-38.

### **Refereed Manuscript Under Review**

**Xiong, Y.,** Lee, K.M.R, Huang, R., & Mao, Y. (Under review). *International Students in Counselor Education Programs: A 20-Year Content Analysis*

### **Refereed Manuscripts In progression**

Lu, H., & **Xiong, Y.,** The strategies of effective group counseling training in CACREP-accredited counseling programs: Experience from seasoned group instructors. (Data analysis)

Lu, H., & **Xiong, Y.**, The therapeutic factors in experiential groups in group counseling courses.  
(Data analysis)

Tang, H., & **Xiong, Y.** Multilingual Competence Instrument of Counseling Supervisors.

Greene, C., Yang, J.\*, **Xiong, Y.**, & Tang, H. Supporting Multilingual Students with a  
Multilingual Empowerment Group.

Xiong, Y., Zhang, Q., & Tang, H. Meta analysis of interventions on foreign language anxiety.

Xiong, Y. Content analysis on counseling effectiveness in China.

Xiong, Y. An evaluation of a group memoir project in Human Development and Counseling  
course.

---

### REFEREED AND INVITED PRESENTATIONS

---

#### International and National Presentations-Refereed [names with \* are current or previous students]

**Xiong, Y.**, Asempapa, B., & Huang, R.\* (2023, October). Online teaching self-efficacy of group counseling instructors during the COVID-19 pandemic. 2023 American Counselor Education and Supervision Conference, Denver, Colorado.

Tang, H., Cheng, Y.\*, & **Xiong, Y.** (2023, September). Linguistic Diversity in Supervision: Instrument Development. 2023 Association for Assessment and Research in Counseling Conference, Nashville, Tennessee.

Cheng, S.\* & **Xiong, Y.** (2023, August). *Childhood Adverse Experiences (ACEs) Before Immigration and Immigrants' Mental Health in the United States: A Review of Literature and Direction for Future Research*. 27th European Regional Conference of Cross-Cultural Psychology. Limerick, Ireland.

**Xiong, Y.** (2023, July). A Mindfulness-Based wellbeing group for international students. 2023 Conference of Clinical and Counseling Psychology by Chinese Psychology Society. Zhuhai, Guangzhou, China.

**Xiong, Y.**, Prasath, P., Zhang, Q. \*, Jeon, L. (2023, April). *International students' perceived discrimination and psychological distress*. [Paper]. The American Counseling Association 2023 Conference, Toronto, Canada.

Suh, J.\*, & **Xiong, Y.** (2023, March). *Asian international students' risky behaviors and acculturation*. 2023 American College Counseling Association Conference, Savannah, Georgia.

Tang, H. & **Xiong, Y.** (2022, November). *Discrimination Experienced among Asian University Students amid the Covid-19 Pandemic*. 2022 Southern American Counselor Education and Supervision Conference, Baltimore, Maryland.

**Xiong, Y.**, Prasath, P., Zhang, Q. \*, Jeon, L. (2022, October). *A Mindfulness-Based Acculturation Group for International Students* [Paper]. The American Counseling Association 2022 Virtual Conference.

- Zhang, Q.\*, **Xiong, Y.**, Prasath, P., & Byun, S. (2022, August). The relationship between international students' perceived discrimination and overall health: A mediation analysis. [Poster]. Annual meeting of the American Psychological Association Convention, Minneapolis
- Younga, K.\*, Fox, S.\*, Rochelle, R.\*, Arcot, R.\*, & **Xiong, Y.** (2022, April). A Conceptual Model for Data-Driven Student Advocacy in Counselor Education Programs. 2022 American Counseling Association CSI day, virtual presentation.
- Xiong, Y.**, Prasath, P., Zhang, Q.\*, & Jeon, L. (2022, April). A Mindfulness-Based wellbeing group for international students: A pilot study. 2022 American Educational Research Association, San Diego, California.
- Zhu, P., Liu, Y., & **Xiong, Y.** (2022, February). Cohesiveness-focused Experiential Growth Group: A Pilot Study. 2022 Association for Specialists in Group Work, Jacksonville, Florida.
- Xiong, Y.**, Young, A. & Tan, H.\*, (2021, Oct). An exploration of international counseling students' experience of leadership and advocacy. 2021 American Counselor Education and Supervision Conference, Atlanta, Georgia.
- Xiong, Y.**, Bonner, M., Travis, S., Feng, X.\*, & Zhang, Q.\* (2021, Oct). International students' practicum experience at a counseling program. 2021 American Counselor Education and Supervision Conference, Atlanta, Georgia.
- Tan, H.\*, & **Xiong, Y.** (2021, Feb). Acculturative Stress, Coping Strategies, and Depression in International College Students. 2021 Annual American College Counseling Association Conference.
- Lu, H., & **Xiong, Y.** (2020, Oct). Current trends of group counseling training in the U.S. 2020 North Atlantic Region Association for Counselor Education and Supervision conference (accepted but conference was cancelled due to the COVID-19).
- Eisele, L.\* & **Xiong, Y.** (2020, May) College students suicidality and intersectionality. 2020 Association for Humanistic Counseling conference (accepted but conference was cancelled due to the COVID-19).
- Xiong, Y.** (2020, April). Factors Impacting Asian International Students' Help-seeking Intention and Behavior. 2020 American Counseling Association conference, San Diego, California (accepted but conference was cancelled due to the COVID-19).
- Stevens, M., Schroeder, K., **Xiong, Y.** & Zhu, P., (2020, January). Join the Group Work Conversation: Engage in Research. 2020 Association for Specialists in Group Work, Dorado, Puerto Rico.
- Xiong, Y.** (2019, October). A National Study of Asian International Students' Internalizing Psychopathology. 2019 American Counselor Education and Supervision Conference, Seattle, Washington.

- Xiong, Y., & Pillay, Y.** (2019, June). Help-seeking Intentions and Behavior among Asian International Students. 2019 Association for Humanistic Counseling conference, Minneapolis, Minnesota.
- Xiong, Y., & Pillay, Y.** (2019, March). A National Study of Asian International Students' Mental Health Status. 2019 American Counseling Association Conference, New Orleans, Louisiana.
- Xiong, Y., & Patterson, C.** (2017, October). Leadership and advocacy in counseling: Themes applied to the Chinese culture. 2017 American Counselor Education and Supervision Conference, Chicago, Illinois.
- Lu, H., **Xiong, Y., & Pillay, Y.** (2017, October). Promoting scholarship of counselor education students: A peer support group. 2017 American Counselor Education and Supervision Conference, Chicago, Illinois.
- Xiong, Y., Pillay, Y., & Lau, J.** (2017, March). The relationship between acculturation and counseling seeking attitude among East Asian international students. 2017 American Counseling Conference, San Francisco, California.
- Xiong, Y., & Byrne, A.** (2017, March). Counseling Strategies and Efficacy with Chinese International Students. 2017 American Counseling Conference, San Francisco, California.
- Xiong, Y., & Pillay, Y.** (2015, October). The relationship between acculturation and counseling seeking attitude among East Asian international students. 2015 American Counselor Education and Supervision Conference, Philadelphia, Pennsylvania.
- Xiong, Y., & Zhou, Y.** (2015, May). Exploring the cross-cultural adaptation of Asian graduate students in the U.S.: a Pilot Study. The Eleventh International Congress of Qualitative Inquiry, Champaign, Illinois.
- Xiong, Y.** (2012, December). The characteristics of rejection sensitivity of left-behind students. Psychological Annual Conference in Zhangzhou, China.

### **Regional/State Presentations- Refereed**

- Tang, H., & **Xiong, Y.** (2022, October). Discrimination Experienced among Asian University Students amid the Covid-19 Pandemic. 2022 Diversity Leadership Council Conference at Johns Hopkins University, Virtual.
- Pillay, Y., Olad, R., **Xiong, Y., & Kutsko, K.** (2015, November). Experiential Multicultural Competency Training for Counselors: Immersion in the Somali Culture without Leaving Ohio. All Ohio Counseling Conference, Columbus, Ohio.
- Xiong, Y.** (2015, April). Exploring the cross-cultural adaptation of Asian graduate students in the U.S.: a pilot study. Student Research Expo in the Ohio University, Athens, Ohio.

### **Invited Speech and Keynote Speech**

- **Keynote Speech**

Xiong, Y. (2021, October). Chinese international students in Counseling Related Majors. Muhe Mental Health Support Group Forum, Virtual.

- **Invited Speech**

Xiong, Y. (2023, June). A Mindfulness-Based Acculturation Group for International Students. International Teaching and Global Leadership program, Johns Hopkins University, Baltimore, MD.

Xiong, Y. (2023, May). Supporting International Students at JHU. JHU Behavioral Health Crisis Support Team, Johns Hopkins University, Baltimore, MD.

Tang, H. & **Xiong, Y.** (2023, March). Supporting Asian students at JHU. Counseling Center at Homewood, Johns Hopkins University, Baltimore, MD.

Tang, H. & **Xiong, Y.** (2022, November). Discrimination Experienced among Asian University Students amid the Covid-19 Pandemic. Office of Diversity and Inclusion and Counseling Center at Homewood, Johns Hopkins University, Baltimore, MD.

Machuca, R., & **Xiong, Y.** (2022, November). Chi Sigma Iota Faculty Advisor (CFA) Training. 2022 Southern American Counselor Education and Supervision Conference, Baltimore, Maryland.

**Xiong, Y.,** Green, K.L., Devers, C., Marcucci, O., (2022, August). EDD writing panel. EDD program, Johns Hopkins University, Virtual.

Xiong, Y. (2022, July). International students' experience during the COVID-19 pandemic. International Teaching and Global Leadership program, Johns Hopkins University, Baltimore, MD.

Xiong, Y. (2022, March). Supporting international students during the COVID-19 pandemic. School of Education Office of Diversity and Faculty Development, Johns Hopkins University, Baltimore, MD.

Xiong, Y. (2021, July). International students' perceived discrimination and psychological distress during the COVID-19 pandemic. EDD social justice forum, Johns Hopkins School of Education, Baltimore, MD

Xiong, Y. (2021, June). Supporting academic and psychosocial development of international students. International Teaching and Global Leadership program, Johns Hopkins University, Baltimore, MD.

Xiong, Y. (2021, March). Making the invisible visible: Supporting international students' academic and psychosocial adjustment in the U.S. School of Education Office of Diversity and Faculty Development, Johns Hopkins University, Baltimore, MD.

Xiong, Y. (2020, February). Supporting academic and psychosocial adjustment of international students. The Center for Educational Research at Johns Hopkins University, Baltimore, MD.

Jeon, L., Harnett, C., & Xiong, Y. (2018, November). Social Emotional Learning and Development in Children and Adults. Early Childhood Leadership Academy, Baltimore, Maryland.

Xiong, Y. (2015, March). Interaction of Chinese culture and American culture. Athens High School, Athens, Ohio.

---

## GRANTS AND AWARDS

---

### GRANTS

- 2023, Internal Evaluator (co-PIs Anita Young & Norma Day-Vines), “A 'RESET' For School Counselors” The U.S. Department of Education Mental Health Services, Amount: \$4.7 million
- 2022, Principal Investigator (co-PI Sacha Cheng), “Relationship between Adverse Childhood Experiences and Acculturative Stress among International Students in the U.S.: The roles of Acculturation Strategy and Psychological Flexibility” American College Counseling Association Research Funding, American College Counseling Association, Amount: \$500
- 2022, Principal Investigator, “The Evaluation of a Group Project in the Human Development and Counseling Course” SOE Department Chairs Innovations in Teaching Grant, Johns Hopkins School of Education, Amount: \$ 1,985
- 2022, Principal Investigator, “Counseling Cross-Culturally: What Counseling Theories and Techniques Work in China” Faculty Senate Pitch Grant, Johns Hopkins School of Education, Amount: \$ 1,200
- 2022, Principal Investigator (co-PIs Catie Greene & Hsin-Ya Tang), “Utilization of Group Practitioners in Experiential Groups in Group Counseling Courses” Innovative Teaching Grant, Johns Hopkins School of Education, Amount: \$ 1,000
- 2021, Principal Investigator, “Exploring counseling students’ experience of facilitating a mindfulness-based acculturation group for international students” Faculty Senate Pitch Grant, Johns Hopkins School of Education, Amount: \$ 1,500
- 2021, co-Principal Investigator (co-PI Tan, Hongjun), “Examining the impact of the COVID-19 pandemic on East-Asian international students in the United States” Research Grant, American College Counseling Association, Amount: \$ 500

- 2020, Principal Investigator, “A mindfulness-based acculturation group for international students: A pilot study” Faculty Senate Pitch Grant, Johns Hopkins School of Education, Amount: \$ 1,500
- 2017, Principal Investigator, “Counseling Strategies and Efficacy with Chinese International Students” Student Senate Research Fund, Ohio University, Amount: \$ 500
- 2015-2016 Principal Investigator, “Exploring Asian international students’ acculturation in the U.S.” Graduate Student Grant, Patton College of Education, Ohio University; Amount: \$1,000.
- 2014-2016 co-Investigator, “The effect of camping on problematic children’s self-efficacy and self-esteem”, Faculty Research Grant, Patton College of Education, Ohio University; Amount: \$ 1,000.
- 2014-2017 Graduate Research Assistant, “Train, Gain, & Retain: Counselors Serving Children, Adolescents, and Transitional-Age Youth in Rural Appalachia”, Health Resources & Services Administration; Amount, \$ 563,116.
- 2013-2014 Graduate Research Assistant, “The Study of the Personality Characteristics of Felony Criminals and the Relationship of Personality, Family Environment and Attachment”, Chinese Major University Research Funding; Amount, 150,000 RMB;
- 2011-2012 Principal Investigator, “The research on self-supporting personality and its relations with attachment of floating students”, Graduate Student Grant, Minnan Normal University; Amount: 3,000 RMB.

### UNFUNDED GRANTS

- Counseling Cross-Culturally: The Experience and Career Readiness of Chinese International Counseling Students Who Returned to China for Practice. \$ 71,440. Submitted to Catalyst Grant in February 2023. Outcome: Denied.
- Counseling Cross-Culturally: The Experience of Chinese International Students Who Returned to China for Counseling Practice. \$ 15,000. Submitted to Luce/ACLS Early Career Fellowships in China Studies Flexible in November 2022. Outcome: Denied.
- Sweet or Bitter Home? The Factors Impacting Reentry Adjustment of “Haigui” in China. \$ 50,000. Submitted to Henry Luce Foundation/ACLS Program in China Studies in November 2018. Outcome: Denied.
- International Students’ Engagement in University Life. \$50,000. Submitted to Spencer Foundation in July 2019. Outcome: Denied.
- Telemental health counseling during quarantine: Using avatar training modules to increase counselor trainees’ self-efficacy in addressing client needs during the COVID-19 pandemic. \$ 75,000. Submitted to DELTA Grants at JHU in May 2020. Outcome: Denied

### AWARDS

2023 Research Award from Sigma Alpha Chi Chapter of Chi Sigma Iota

2023 Excellence in Teaching Award from Johns Hopkins University

Outstanding Researcher Award from the Alpha Chapter of Chi Sigma Iota

HVFH/Pi Beta Phi Endowment Fund for Graduate Student Support

Outstanding leader of the department of educational science and technology, Minnan Normal University (2 times)

Outstanding leader of the graduate students' association of Minnan Normal University (2 times)

Major award of graduate students of Minnan Normal University

Excellent researcher scholarship of Minnan Normal University

Scholarship of Southwestern University of Finance and Economy (6 times)

Excellent volunteer medal on Western China International Economy & Trade Fair

---

### **COURSES TAUGHT/DESIGNED**

---

#### **GRADUATE TEACHING**

##### **Instructor, Course Designer, and Faculty Lead**

Counseling Theories, Human Development and Counseling (online and in-personal), Group Counseling, Practicum in Clinical Mental Health Counseling, Johns Hopkins university

##### **Instructor**

Introduction to Clinical Mental Health (online), Social Justice and Diversity, Mindfulness and Meditation, Career Counseling, Johns Hopkins University

##### **Instructor**

Professional Orientation and Ethics in Mental Health, Intercultural Issues in Counseling, Tests and Assessments in Counseling, and Research Methods in Counseling, Kutztown University

##### **Co-Instructor**

Practicum in Clinical Mental Health Counseling, Group Counseling, Appraisal I (hybrid), EDCE Multicultural Education, Ohio University

#### **UNDERGRADUATE TEACHING**

##### **Instructor**

Stress Management, Ohio University

##### **Graduate Teaching Assistant**

---

**PROFESSIONAL/COMMUNITY SERVICE**

---

**UNIVERSITY/PROGRAM**

2019-Present **Faculty Advisor**, Lambda Chapter of Chi Sigma Iota at Johns Hopkins University

- The chapter was awarded “2021 CSI’s Outstanding Individual Program Award.”
- The chapter was selected to present for the poster presentation on the CSI days during the 2020, 2021, and 2022 ACA counseling conferences.
- One of the board members was awarded the “2021 CSI’s Outstanding Entry-Level Student Award”; another board member won the first prize in the CSI leadership contest as well as being named as a CSI leadership fellow for 2021-2022.

2021-Present **Co-Chair, Diversity and Equity committee**, Johns Hopkins School of Education,

2021-Present **Member, International Students Task Force**, Johns Hopkins School of Education

2023 **Co-facilitator**, Asian and Asian American Identity and Mental Health Discussion Series, Collaborating with Johns Hopkins Counseling Center

2021 **Faculty Search Committee Chair**, Johns Hopkins University School of Education, 2021

2020 **Faculty Search Committee**, Johns Hopkins University School of Education, 2020

2019-2021 **Member, Diversity and Equity Committee**, Johns Hopkins University School of Education,

2019-2020 **CACREP work group**, Counseling and Human Development program at Johns Hopkins School of Education,

2018-2019 **Strategic Planning Committee member**, School of Education at Johns Hopkins University,

2016 **Co-facilitator**, Graduate Students Support Group Patton College of Education, Ohio University, Athens, Ohio,

2015 **Volunteer**, Gateways to Success, the Office of Accessibility Services, Ohio University, Athens, Ohio,

2012-2013 **President**, the Graduate Students Council of the Education College, Minnan Normal University, Zhangzhou, China,

2011-2012 **Vice Director**, the Volunteer Center of the Education College, Minnan Normal University, Zhangzhou, China,

2007-2008 **Students Assistant**, Student in Free Enterprise (SIFE), Sichuan, China,

## **PROFESSIONAL SERVICES**

### **Reviewer for Conferences, Journals, and Awards**

- **Journals**

2022 **Invited Expert Reviewer**, Educational Science

2020-present **Peer Review Board**, Journal of International Students

2018-present **Editorial Board**, Journal of Asian Pacific Counseling

2021 **Invited Expert Reviewer**, Cogent Psychology

2021 **Invited Expert Reviewer**, Journal of International Students

2020 **Invited Expert Reviewer**, Asia Europe Journal

2017-2018 **Board of Reviewer**, Journal of International Students

- **Awards and Grants**

2022 **Review Panel**, the Outstanding CFA Award for Chi Sigma Iota,

2022 **Review Panel**, the Research Award for Chi Sigma Iota

2022 **Review Panel**, the Outstanding Service to the Chapter Award for Chi Sigma Iota

2021 **Reviewer**, Johns Hopkins DELTA 2021 grant

2021 **Review Panel**, the Outstanding CFA Award for Chi Sigma Iota and Thomas J. Sweeney Professional Leadership Award

2019 **Review Panel**, the Outstanding CFA Award for Chi Sigma Iota, 2019

- **Conferences**

2021 **Reviewer**, American Counseling Association Conference, for 2022 conference

2021 **Reviewer**, Association for Counselor Education and Supervision, for 2021 conference

2021 **Reviewer**, Association for Specialists in Group Works, for 2022 conference

2020 **Reviewer**, American Counseling Association Conference, for 2021 conference

2019 **Reviewer**, Association for Counselor Education and Supervision, for 2019 conference

2018 **Reviewer**, North Central Association for Counselor Education and Supervision, for 2018 conference

2018 **Reviewer**, Association for Specialists in Group Work Conference, for 2018 conference

2017 **Reviewer**, American Counseling Association, for 2017 conference

2017 **Reviewer**, Association for Counselor Education and Supervision, for 2017 conference

2017 **Reviewer**, Ohio Counseling Association, for 2017 conference

### **Leadership and Services for Professional Organizations**

2020-2022 **Chair, Research Committee**, the Association for Specialists in Group Work (ASGW)

2021-2022 **Committee Member**, ASGW 2022 biennial conference planning committee

2019-current **Committee Member**, Faculty Advisor Executive Board of Chi Sigma Iota,

2019-2020 **Committee Member, Research Committee**, Association for Specialists in Group Work,

2017-2018 **Committee member**, Award Committee of Association for Multicultural Counseling and Development,

2017-2018 **Committee member**, Ohio Counseling Association Awards Committee

2014 **Volunteer**, All Ohio Counseling Conference, Columbus, OH

### **COMMUNITY SERVICE**

2021 **Organizer**, designed and implemented four Mindfulness-Based Wellbeing Groups for International Students at JHU and The University of Texas at San Antonio to promote their mental health during the COVID-19 pandemic

2020 **Volunteer counselor**, COVID-19 telemental health support line, Ministry of Education of the P.R.C. & Central China Normal University

---

### **MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

---

American Counseling Association

Association for Counselor Education and Supervision

Association for Specialists in Group Work

Association for Humanistic Counseling

Chi Sigma Iota

---

### **SKILLS**

---

English, fluent in writing, reading, and public speaking

Teachers' Certification of Peoples' Republic of China

Proficient at computer software and online communication software, such as Word, PowerPoint, Excel, Blackboard, Skype, Adobe Connect

Proficient at Statistical and Qualitative Analysis Softwares, such as SPSS, EQS, Mplus, Nvivo, and MaxQda