

Sean Newhart, Ph.D., LCPC

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Baltimore, MD 21218
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EDUCATION

Doctor of Philosophy, Counselor Education **2019**

College of William & Mary (CACREP Accredited)

Cognate: Marriage and Family Therapy and College Counseling

Dissertation title: The Influence of Family Functioning on Social Competence, Social Support, and Mental Health among College Students

Graduate Assistantship: Dr. Patrick Mullen; New Horizons Family Counseling Center

Master of Education, Educational Specialist, Counselor Education **2016**

Clemson University (CACREP Accredited)

Bachelor of Science, Psychology **2014**

James Madison University

CERTIFICATION AND LICENSURE

Licensed Clinical Professional Counselor (License No: LC12094)

Maryland State Board of Professional Counselors and Therapists (2021 – Present)

RELATED PROFESSIONAL WORK EXPERIENCES AND RESPONSIBILITIES

Clinical Assistant Professor **07/2020 – Present**

Johns Hopkins University

Baltimore, MD

School of Education, Department of Counseling and Educational Studies

- Core faculty member with primary responsibilities in teaching (3:3 load), advising 15 to 20 students, research, and service.
- Program lead for the Post-Master's Certificate and Certificate for Advanced Graduate Study.

Staff Counselor **12/2021- Present**

Quality Connections Counseling

Bel Air, MD

- Manage and maintain individual caseload of five to 10 clients.
- Conduct initial assessments of clients to identify presenting concerns.
- Develop treatment plans for individual clients.
- Provide individual counseling services to clients.
- Maintain clinical documentation regarding clients' treatment and referrals.

Staff Counselor **05/2020 – 12/2021**

Chesapeake Mental Health Collaborative

Towson, MD

- Managed and maintained individual caseload of 10 to 15 clients.
- Conducted initial assessments of clients to identify presenting concerns.
- Developed treatment plans for individual clients.
- Provided individual counseling services to client.
- Maintained clinical documentation regarding clients' treatment and referrals.
- Created and facilitated psychoeducational workshops.

Group Therapist **06/2020 – 09/2020***Maryland Addiction Recovery Center*

- Contracted to facilitate men's psychotherapy group for clients engaged in both intensive outpatient and residential treatment for substance use disorders.
- Maintained clinical documentation regarding individual and group progress in treatment.

Lecturer **08/2019 – 06/2020***Johns Hopkins University*

Baltimore, MD

School of Education, Department of Counseling and Educational Studies

- Core faculty member with primary responsibilities in teaching (4:4 load) and advising 15 to 20 master's level students.

Part-time Staff Counselor **11/2019 – 05/2020***Counseling Center, Loyola University of Maryland*

Baltimore, MD

- Conducted initial assessments with students to identify presenting concerns and provided treatment recommendations.
- Provided individual counseling services to a caseload of 15 to 20 clients.
- Maintained clinical documentation regarding clients' treatment and referrals.
- Received continuous clinical supervision from a Licensed Psychologist.

Counseling Intern **01/2017 – 05/2019***New Horizons Family Counseling Center, William & Mary*

Williamsburg, VA

- Provided family therapy services to families in the Hampton Roads area.
- Engaged in clinical documentation and assessment of families.
- Collaborated with other counseling professionals to increase effectiveness of services.
- Created group curricula and facilitated grant-funded groups with children of families receiving NHFCC services.
- Received supervision from clinical directors.

Resident in Counseling **11/2016 – 12/2017***Christopher Newport University, Office of Counseling Services*

Newport News, VA

- Provided individual counseling services to students.
- Conducted intake assessments and made treatment recommendations.
- Documented sessions and managed cases via Titanium Schedule.
- Received supervision from staff supervisor and faculty advisor.

Counseling Intern **8/2015 – 4/2016***Clemson University, Counseling and Psychological Services*

Clemson, SC

- Provided individual and group counseling services.
- Conducted individual assessments of students and suggested treatment recommendations based on students' needs.
- Completed case notes and treatment plans.

- Received supervision from Licensed Psychologists and Doctorate Level Psychology Interns.
- Received continuous training through weekly staff meetings.
- Participated in ongoing evaluation of the counseling centers effectiveness.

Direct Care Staff**1/2015 – 8/2015***New Foundations Home for Children*

Anderson, SC

- Supervised group home clients throughout the day.
- Assisted in resolving conflicts between clients.
- Conducted interviews and wrote incident reports related to client altercations.

Counseling Practicum Intern**1/2015 – 4/2015***Marshall I. Pickens Hospital, Partial Hospitalization Program*

Greenville, SC

- Provided individual, group, and family counseling services in partial hospitalization and intensive outpatient settings.
- Conducted psychosocial assessments on initial admission to the program.
- Participated in treatment meetings with a multidisciplinary team of health professionals.

Field Placement Intern**1/2014 – 5/2014***Batterers Intervention Program*

Harrisonburg, VA

- Facilitated and observed group sessions.
- Participated in court observation and advocacy.
- Conducted initial victim contact calls as well as follow up safety checks.
- Assisted in completing research protocols related to data collection projects.
- Conducted and observed initial program intakes.

PUBLICATIONS**Refereed Articles in Professional Journals**

9. **Newhart, S.** (in press). Social predictors of psychological well-being and symptoms of college students. *Journal of American College Health*.
8. **Newhart, S.**, Travis, S., & Mullen, P. (2021). Factors predicting attitudes towards evidence-based practice among college counselors. *Journal of College Counseling*, 24(3), 194-209. <https://doi.org/10.1002/jocc.12191>
7. **Newhart, S.**, Pohto, P., & Mullen, P. (2021). A survey of demographic, professional, and clinical characteristics of clinicians in university counseling centers. *Journal of College Counseling*, 24(2), 98-114. <https://doi.org/10.1002/jocc.12179>
6. **Newhart, S.**, Mullen, P. R., Blount, A. J., & Hagedorn, W. B. (2020). Factors influencing publication rates among counselor educators. *Teaching and Supervision in Counseling*, 2(1), 45-59. <https://doi.org/10.7290/tsc020105>
5. Mullen, P. R., **Newhart, S.**, Haskins, N., Shapiro, K., & Cassel, K. (2019). An examination of school counselors' leadership self-efficacy, programmatic services, and social issue

advocacy. *Journal of Counselor Leadership and Advocacy*, 6(2), 160-173.
<https://doi.org/10.1080/2326716X.2019.1590253>

4. **Newhart, S.**, Mullen, P. R., & Gutierrez, D. (2019). Expanding perspectives: Systemic approaches to college students experiencing depression. *Journal of Counseling & Development*, 97(3), 260-269. <https://doi.org/10.1002/jcad.12266>
3. Mullen, P. R., Gutierrez, D., & **Newhart, S.** (2018). School counselors' emotional intelligence and its relationship to leadership. *Professional School Counseling*, 21(1b), 1-12.
<https://doi.org/10.1177%2F2156759X18772989>
2. **Newhart, S.** (2018). Integration of learning in counselor education. *William & Mary Educational Review*, 6(1), 61-69. <https://scholarworks.wm.edu/wmer/vol6/iss1/5>
1. Sackett, C. R., **Newhart, S.**, Jenkins, A. M., & Corey, L. (2017). Girls' perspectives of barriers to outdoor physical activity through photovoice: A call for counselor advocacy. *Journal of Creativity in Mental Health*, 13(1), 2-18.
<https://doi.org/10.1080/15401383.2017.1343166>

Manuscripts in Preparation or Submitted for Peer-Review

Gonzalez, I., Newhart, S., Arcot, R., & Hudlin, M. (2023). *Experiences of faculty teaching a graduate-level multicultural course in a counseling program* [Manuscript under review]. Department of Counseling and Educational Studies, Johns Hopkins University.

Newhart, S. (2023). *Psychometric properties of the family adaptability and cohesion scale IV with college students in the United States* [Manuscript under review]. Department of Counseling and Educational Studies, Johns Hopkins University.

Pohto, P. A., Newhart, S., & Travis, S. (2022). *College and university counselors' experience of evidence-based practice* [Manuscript under review]. Department of Counseling and Educational Studies, Johns Hopkins University.

Newhart, S., & Vaughn, C. (2021). *Experiential Group Curriculum for Facilitating Development of Counselor Educators and Counselors in Training* [Manuscript under review]. Department of Counseling and Educational Studies, Johns Hopkins University.

Invited Contributions

1. Scott, D. A., Black, A. C., Lewis, E., & **Newhart, S.** (2017). Homelessness. In J. Carlson & S. Dermer (Eds.), *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling*. (pp. 784-787). Thousand Oaks, CA: SAGE Publications.

PROFESSIONALLY REFEREED PRESENTATIONS

International

21. Sackett, C., **Newhart, S.**, Jenkins, A., & Cory, L. (2016, March 30-April 3). *Counselor advocacy on youth outdoor physical activity: Perspectives via photovoice* [Poster

presentation]. American Counseling Association Annual Conference, Montreal, QC, Canada.

National

20. **Newhart, S.** (2023, March 2-5). *College and university counselors' experience of evidence-based practice*. American College Counseling Association Annual Conference, Savannah, GA, United States.
19. **Newhart, S.** & Pohto, P. A. (2022, February 17-19). *Factors predicting attitudes towards evidence-based practice among college counselors*. American College Counseling Association Annual Conference, Las Vegas, NV, United States.
18. **Newhart, S.** (2021, October 7-10). *Evaluating the practical and empirical validity of the IDM* [Poster presentation]. Association for Counselor Education and Supervision, Atlanta, GA, United States.
17. Arcot, R., Gonzalez, I., **Newhart, S.** (2021, October 7-10). *Incorporating multicultural training leaders (MTL) into a multicultural counseling course* [Conference session]. Association for Counselor Education and Supervision, Atlanta, GA, United States.
16. **Newhart, S.** (2020, February 28-March 1). *The influence of family functioning on social competence, social support, and mental health among college students* [Poster presentation]. American College Counseling Association Annual Conference, Washington, DC, United States.
15. Mullen, P., Denney, A., & **Newhart, S.** (2019, March 28-31). *Job stress and burnout among college counselors and student affairs professionals* [Poster presentation]. American Counseling Association Annual Conference, New Orleans, LA, United States.
14. **Newhart, S.** (2019, February 7-10). *An exploration of current trends, attitudes, and implementation climate towards evidence-based practice among college counselors* [Poster presentation]. American College Counseling Association Annual Conference, San Diego, CA, United States.
13. Mullen, P., Haskins, N. H., & **Newhart, S.** (2018, April 26-29). *School counselors' leadership self-efficacy, delivery of services and advocacy* [Poster presentation]. American Counseling Association Annual Conference, Atlanta, GA, United States.
12. Mullen, P., & **Newhart, S.** (2018, February 22-25). *Job stress, burnout, job satisfaction, and turnover intentions among college counselors and student affairs professionals* [Poster presentation]. American College Counseling Association Annual Conference, Charlotte, NC, United States.
11. **Newhart, S.**, & Mullen, P. (2018, February 22-25). *The meaningful system: Application of family systems theory in college counseling centers* [Conference session]. American College Counseling Association Annual Conference, Charlotte, NC, United States.

10. **Newhart, S.**, & Pignato, L. (2018, February 2-3). *IDM-G: A developmental model addressing experiential groups in counselor training* [Conference session]. Association for Specialists in Group Work Annual Conference, Savannah, GA, United States.
9. Sackett, C., & **Newhart, S.** (2017, October 4-8). *Collaborating with master's students on research and scholarly writing: A worthwhile endeavor* [Conference session]. Association for Counselor Education and Supervision Annual Conference, Chicago, IL, United States.
8. **Newhart, S.**, & Vaughn, C. (2017, October 4-8). *Current approaches and limitations to the assessment of counseling supervisee competencies* [Conference session]. Association for Counselor Education and Supervision Conference, Chicago, IL, United States.
7. Mullen, P., Blount, A., Hagedorn, W. B., & **Newhart, S.** (2017, March 16-19). *Counselor educators' preferred qualities of candidates for faculty positions* [Poster presentation]. American Counseling Association Annual Conference, San Francisco, CA, United States.

Regional

6. Gonzalez, I., Arcot, R., **Newhart, S.**, & Hudlin, M. (2022, November 3-5). *Experiences of faculty teaching a graduate-level multicultural course in a counseling program* [Poster presentation]. Southern Association of Counselor Education and Supervision Conference, Baltimore, MD, United States.
5. Vaughn, C., & **Newhart, S.** (2018, October 11-13). *Development of a measure of intervention skills in counselor education students using the IDM* [Poster presentation]. Southern Association of Counselor Education and Supervision Conference, Myrtle Beach, SC, United States.

State

4. Pignato, L., & **Newhart, S.** (2018, November 8-9). *IDM-G: A developmental model addressing experiential groups in counselor training* [Conference session]. Virginia Counseling Association Annual Convention, Norfolk, VA, United States.
3. **Newhart, S.** (2017, February 25). *Are you Freudian? Why psychodynamic theory is relevant in contemporary counseling practice* [Conference session]. Virginia Association for Counselor Education and Supervision Graduate Student Conference, Norfolk, VA, United States.
2. Mullen, P., & **Newhart, S.** (2016, November 10-11). *The application of motivational interviewing to enhance students' academic engagement* [Conference session]. Virginia Counseling Association Annual Conference. Williamsburg, VA, United States.
1. **Newhart, S.** (2015, February 26-28). *Borderline personality disorder: Considerations in the college student population* [Poster presentation]. South Carolina Counseling Association Annual Conference, Hilton Head, SC, United States.

TEACHING EXPERIENCE

Johns Hopkins University

- ED 861.507 – Counseling Techniques
- ED 861.713 – Advanced Treatment Approaches
- ED.861.609 – Diagnosis in Counseling
- ED 863.603 – Couple and Family Therapy
- ED 863.681 – Research and Evaluation for Counselors
- ED 863.870 – Practicum in Clinical Mental Health Counseling
- ED 863.875 – Internship in Clinical Mental Health Counseling

College of William & Mary

- EDUC C32 – Theories of Counseling and Psychotherapy, Master Instructor of Online Course
- EDUC 624 – Theory and Practice of Multicultural Counseling, Master Instructor of Online Course
- EDUC 647 – Doctoral Internship in Supervision, Teaching Intern
- EDUC F65 – Research Methods in Education, Teaching Intern
- EDUC 627 – Marriage and Family Counseling, Teaching Intern
- EDUC C32 – Theories of Counseling and Psychotherapy, Teaching Intern
- EDUC C34 – Group Theory and Techniques, Group Facilitator
 - Created and facilitated a developmentally focused curriculum for master’s students in counselor education
- EDUC 645 – The Counselor and Psychopathology, Teaching Intern
- EDUC C24 – Supervised Practicum in Counseling, Teaching Intern
- EDUC 624 – Theory and Practice of Multicultural Counseling, Teaching Intern
- EDUC C33 – Techniques of Counseling, Teaching Intern

Camp Launch, College of William & Mary

- Created and facilitated a classroom curriculum based on psychosocial development with middle school students identified as gifted and from low socioeconomic backgrounds (Summer, 2018)

SUPERVISION EXPERIENCE

Johns Hopkins University

- Group and triadic supervision of master’s level clinical mental health counseling students throughout their practicum and internship experiences

College of William & Mary

- Group supervision of doctoral level students in counselor education providing supervision to master’s level counseling students
- Individual and group supervision of master’s level clinical mental health and school counseling students throughout their practicum experience

FUNDED GRANTS

Gonzalez, I., & **Newhart, S.** “2021 Pitch Grant,” Sponsored by Johns Hopkins University School of Education, \$1,500. (2021)

Newhart, S., & Mullen, P. “2017-2018 ACCA Research Grant,” Sponsored by American College Counseling Association, \$500. (2018).

Newhart, S., & Vaughn, C. “2017 SACES Research Grant,” Sponsored by Southern Association for Counselor Education and Supervision, \$500. (2017).

Mullen, P., Haskins, N., & **Newhart, S.** “2016-2017 Excellence in Counseling Research Grant,” Sponsored by Chi Sigma Iota, Counseling Academic and Professional Honor Society International, \$1,200. (2017).

Newhart, S. “Graduate Student International Travel Grant, American Counseling Association Annual Conference,” Sponsored by Eugene T. Moore School of Education at Clemson University, \$1,000. (2016).

SERVICE

Editorial Board

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| Reviewer, Journal of Counseling & Development | 2020 to 2023 |
| Reviewer, Journal of College Counseling | 2018 to 2021 |

Professional

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| ACES Proposal Reviewer, Atlanta | 2021 |
| SACES Proposal Reviewer, Baltimore | 2020 |
| ACA Proposal Reviewer, San Diego | 2020 |
| ACCA Emerging Leader Grant Reviewer | 2019 |
| ACCA Nominations & Elections Committee | 2019 |
| ACA Assistant Volunteer Coordinator, New Orleans | 2019 |
| ACES Proposal Reviewer, Seattle | 2019 |
| ACCA Research Committee Member | 2018 to 2022 |
| SACES Student Volunteer, Myrtle Beach | 2018 |
| SACES Program Reviewer, Myrtle Beach | 2018 |
| ASGW Proposal Reviewer, Savannah | 2018 |
| ASGW Student Volunteer, Savannah | 2018 |
| ACA Public Policy & Legislation Committee Member | 2017 to 2018 |
| ACES Student Volunteer, Chicago | 2017 |
| ACA Student Volunteer, San Francisco | 2017 |
| ACA Student Volunteer, Montreal | 2016 |
| SCCA Student Volunteer, Myrtle Beach | 2015 |

University

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| JHU SOE Faculty Executive Committee Parliamentarian | 2022 to Present |
| JHU SOE Vice Dean Search Committee Member | 2022 |

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| JHU SOE Faculty Position Search Committee Co-Chair | 2021 |
| JHU SOE Student Affairs Committee | 2020 to 2022 |
| Chi Sigma Iota Research Committee Faculty Advisor | 2020 to Present |
| Site Supervisor Professional Development Training | 2020 |
| JHU Counseling Program Webinar for Potential Students | 2020 to Present |
| CACREP Accreditation Team | 2019 to 2021 |
| JHU Applicant Interviews | 2019 to Present |

PROFESSIONAL MEMBERSHIPS

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| American College Counseling Association (ACCA) | 2017 to Present |
| Association for Counselor Education and Supervision | 2017 to Present |
| American Counseling Association (ACA) | 2015 to Present |
| Virginia Counselors Association (VCA) | 2017 to 2018 |
| Chi Sigma Iota (CSI) | 2015 to 2017 |
| <ul style="list-style-type: none"> • Chi Upsilon Chapter President, 2015 - 2016 | |
| South Carolina Counseling Association (SCCA) | 2015 to 2016 |

HONORS AND AWARDS

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| W&M School of Education Award for Excellence | 2019 |
| ACCA Emerging Leader Grant | 2019 |
| VCA Pete Warren Graduate Student Fellow | 2017 |
| Order of Omega | 2013 |
| Psi Chi | 2013 |